
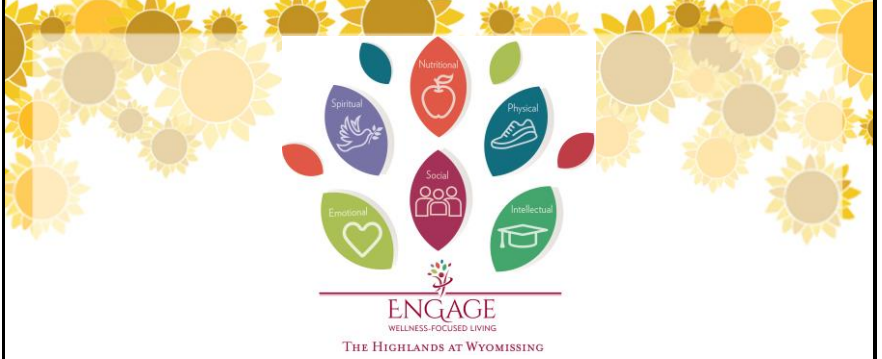


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">August 2017</h1> <h2 style="text-align: center;">Skilled Nursing Activities</h2> <h3 style="text-align: center;">The Highlands at Wyomissing</h3>		1	2	3	4	5
		10:00 Staying in the Lines E//X 11:00 Morning Exercise E/P/S 11:30 "On the Boardwalk" Patio Party ~Terrace Room~ 3:30 August I.Q. E//S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E/P/S	10:00 Games on IN2L E//S 11:00 Morning Exercise E/P/S 2:30 Sing Along on the Patio E//P 3:30 Animal Sayings E//S 6:00 Evening Stretch E/P/S 6:45 Categories Puzzles E//S	10:00 What's in the News E//DS 10:00 Praying the Rosary with the IN2L E/SP 10:30 Therapy Dogs, Inc. E/S 11:00 Morning Exercise E/P/S 2:30 Chat with the Chaplain E//SP 3:30 Bible Trivia - Animals E//S 6:00 Bingo Night! E//S	10:00 Rock-N-Roll Kickball E/P/S 11:00 Morning Exercise E/P/S 2:30 Let's Get Crafty EIS 6:00 Evening Stretch E/P/S 6:45 Game Night-Toss Up (dice) ES	10:00 Armchair Traveler E//S 11:00 Morning Exercise E/P/S 2:30 Puzzles, Pages & Paints E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 Evening Crafters: Greeting Cards E//S
6	7	8	9	10	11	12
10:00 What' in the News E//S 11:00 Morning Exercise E/P/S 2:00 HTN Sunday Matinee (Channel 956) 2:00 Bridge Club E//SP ~SN Family Parlor~ 2:30 Hymn Sing-Along E//SP 2:45 Holy Communion E//SP 3:30 Coffee & Conversation E/S 6:00 Evening Stretch E/P/S 6:45 Evening Crafts E//S	10:00 Ball Toss E//S 11:00 Morning Exercise E/P/S 2:30 Sundaes on a Monday E/S 3:30 Balloon Badminton E/P/S 6:00 Monday Night Movie: "Nine Lives" E/S	10:00 Staying in the Lines E//S 11:00 Morning Exercise E/P/S 2:30 Word Game E//S 3:30 Social Hour with Pianist, Bill Moyer E/S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E/P/S	10:00 Games on IN2L E//S 11:00 Morning Exercise E/P/S 2:30 Reminisce on the Patio E//S 3:30 A-Z Trivia E//S 6:00 Evening Stretch E/P/S 6:45 Crossword Puzzles E//S	10:00 What's in the News E//S 10:00 Praying the Rosary with the IN2L E/SP 10:30 Therapy Dogs, Inc. E/S 11:00 Morning Exercise E/P/S 2:30 Chat with the Chaplain E//SP 3:30 Helping Hands Volunteers: Sleeping Mats for the Homeless E/S 6:00 Bingo Night! E//S	10:00 Old Time Sing Along E//S 11:00 Morning Exercise E/P/S 2:00 Skilled Nursing Resident Council E//S 2:30 Let's Get Crafty E//S 3:15 Jewish Sabbath ~PC Classroom~ E//SP 6:00 Evening Stretch E/P/S 6:45 Game Night-UNO (cards) E/S	10:00 Finish That Phrase E//S 11:00 Morning Exercise E/P/S 2:30 Reminiscing With The IN2L E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 Common Beginnings Word Game E//S
13	14	15	16	17	18	19
10:00 Care for the Hands E/S 11:00 Morning Exercise E/P/S 2:00 HTN Sunday Matinee (Channel 956) 2:00 Bridge Club E//SP ~SN Family Parlor~ 2:30 Hymn Sing-Along E//SP 2:45 Worship Service E//SP 3:30 "Hot" as Blazes E//S 6:00 Evening Stretch E/P/S 6:45 Looking Back E//S	10:00 Ball Toss E/P/S 11:00 Morning Exercise E/P/S 2:30 Milkshake Monday E/S 6:00 Monday Night Movie: "The Philadelphia Story" E/S	10:00 Staying in the Lines E//S 11:00 Morning Exercise E/P/S 2:30 Word Game E//S 3:30 Balloon Badminton E/P/S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E/P/S	10:00 Games on IN2L E//S 11:00 Morning Exercise E/P/S 3:00 Catholic Mass E//SP 6:00 Evening Stretch E/P/S 6:45 Categories Puzzles E//S	10:00 What's in the News E//S 10:00 Praying the Rosary with the IN2L E/SP 10:30 Therapy Dogs, Inc. E/S 11:00 Morning Exercise E/P/S 2:30 Chat with the Chaplain E//SP 3:30 Bible Trivia E//SP 6:00 Bingo Night! E//S	10:00 Rock-N-Roll Kickball E/P/S 11:00 Morning Exercise E/P/S 2:30 Let's Get Crafty E//S 6:00 Evening Stretch E/P/S 6:45 Game Night-Snakes & Ladders (board game) E/S	10:00 Armchair Traveler E//S 11:00 Morning Exercise E/P/S 2:30 Puzzles, Pages & Paints E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 Evening Crafters: Greeting Cards E//S
20	21	22	23	24	25	26
10:00 What's in the News E//S 11:00 Morning Exercise E/P/S 2:00 HTN Sunday Matinee (Channel 956) 2:00 Bridge Club E//SP ~SN Family Parlor~ 2:30 Hymn Sing-Along E//SP 2:45 Worship Service E//SP 3:30 Coffee & Conversation E/S 6:00 Evening Stretch E/P/S 6:45 Evening Crafts E//S	10:00 Kitchen Kapers: Making Homemade Ice Cream E//S 11:00 Morning Exercise E/P/S 2:30 Count Your Blessings with Chaplain Wenzel E//SP 3:30 Balloon Badminton E/P/S 6:00 Monday Night Movie: "A Bug's Life" E/S	10:00 Staying in the Lines E//S 11:00 Morning Exercise E/P/S 1:30 Bus Trip to the Plum Creek Creamery (By Reservation) E/S 2:30 Word Game E//S 3:30 Last Letter Game E//S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E/P/S	10:00 Games on IN2L E//S 11:00 Morning Exercise E/P/S 2:30 Patio Time E/S 3:30 What Do You See? E//S 6:00 Evening Stretch E/P/S 6:45 Crossword Puzzles E//S	10:00 What's in the News E//S 10:00 Praying the Rosary with the IN2L E/SP 10:30 Therapy Dogs, Inc. E/S 11:00 Morning Exercise E/P/S 2:30 Chat with the Chaplain E//SP 3:30 Helping Hands Volunteers: Coupon Clipping E/S 6:00 Bingo Night! E//S	10:00 Old Time Sing Along E//S 11:00 Morning Exercise E/P/S 2:30 Let's Get Crafty E//S 6:00 Evening Stretch E/P/S 6:45 Game Night-Family Feud (IN2L) E/S	10:00 Finish That Phrase E//S 11:00 Morning Exercise E/P/S 2:30 Reminiscing With The IN2L E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 To a "Tee" E//S
27	28	29	30	31		
10:00 Care for the Hands E/S 11:00 Morning Exercise E/P/S 2:00 HTN Sunday Matinee (Channel 956) 2:00 Bridge Club E//SP ~SN Family Parlor~ 2:30 Hymn Sing-Along E//SP 2:45 Worship Service E//SP 3:30 A Little of This and A Little of That E//S 6:00 Evening Stretch E/P/S 6:45 Animals, Animals E//S	10:00 Ball Toss E//S 11:00 Morning Exercise E/P/S 2:00 Monthly Birthday Party with music by Sweet Life E/S 6:00 Monday Night Movie: "La La Land" E/S	10:00 Staying in the Lines E//S 11:00 Morning Exercise E/P/S 2:30 Word Game E//S 3:30 Man's Best Friend E//S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E/P/S	10:00 Games on IN2L E//S 11:00 Morning Exercise E/P/S 2:30 Listening to Music on the Patio E/S 3:30 Balloon Badminton E/P/S 6:00 Evening Stretch E/P/S 6:45 Categories Puzzles E//S	10:00 What's in the News E//S 10:00 Praying the Rosary with the IN2L E/SP 10:30 Therapy Dogs, Inc. E/S 11:00 Morning Exercise E/P/S 2:30 Chat with the Chaplain E//SP 3:30 Riddle Me This E//S 6:00 Bingo Night! E//S		

Please refer to the Highlands Happenings or the Activities sign outside the Dining Room for any program changes