





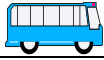

October 8, 2017 – October 14, 2017

SUNDAY, OCTOBER 8, 2017


Spiritual Emotional Social		BUSES TO LOCAL CHURCHES. Schedules are available at the <u>Concierge Desk</u> . Please register by <u>noon</u> on Friday if you would like to go to church.
Physical Social	2:00 p.m.	WEEKEND WELLNESS: LINE DANCING in the <u>Berkshire Room</u> .
Spiritual Social	4:00 p.m.	A CHURCH SERVICE with The Highlands' Chaplain, CARL WENZEL , will be held in <u>Cultural Center – Side A</u> .
Emotional Social	6:00 p.m. 	SUNDAY SPECIAL FEATURE – “THE WAY WEST: (PART 2 OF 4), THE APPROACH OF CIVILIZATION, 1865-1869” in the <u>Cultural Center</u> . THE APPROACH OF CIVILIZATION (1865 to 1869) examines the extra-ordinary four-year period immediately following the Civil War, when the restless, war-weary nation took up the task of conquering the West with renewed fury and speed. Year by year, railroads penetrated ever farther out onto the Great Plains, threatening to destroy the last buffalo ranges of Native American groups like the Lakota and Cheyenne. In response, tribes across the Great Plains began to mount a furious counter-offensive against the white invaders, and, as they did a handful of key western figures- Custer, Crazy Horse, Cody, Red Cloud and Sitting Bull – began to come to the fore. <p style="text-align: center;">Running Time – 90 minutes per episode Bring a pillow for comfort!</p>

DON'T FORGET TO TUNE IN TO "HTN" – THE HIGHLAND'S TELEVISION NETWORK-
 (Channel 956) each weekday morning at 9:00 a.m. for announcements of the daily events!



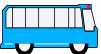
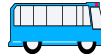

MONDAY, OCTOBER 9, 2017

	<u>NOTE:</u>	REGISTRATION DEADLINE for the PUBLIC AFFAIRS BREAKFAST, (Session #2 of 3) . Register at the <u>Concierge Desk</u> with your \$8.00 fee.
	<u>NOTE:</u>	REGISTRATION DEADLINE for the ALVERNIA SENIORS COLLEGE . Register at the <u>Concierge Desk</u> for transportation.
Physcial Social	9:00 a.m.	YOGA FLOW with KELLY ARNOLD in the <u>Berkshire Room</u> .
Intellectual	9:30 a.m.	ONE-ON-ONE COMPUTER TUTORING, (20 minute sessions) with Alvernia Volunteer MICHAELA O'HERN , 9:30 a.m. to 11:30 a.m. in the <u>Second Floor Computer Room</u> .
Social	10:00 a.m. 	BUS TO WEIS MARKET . Register at the <u>Concierge Desk</u> for transportation.
Physical	10:00 a.m.	FRESH START- A daily workout from the comfort of your home. Tune to "HTN" – (Channel 956) and enjoy these simple and safe exercise moves and get your Monday off to a "Fresh Start!"
Physical Social	10:15 a.m.	BALANCE & CONTROL , 10:15 a.m. – 11:00 a.m. in the <u>Berkshire Room</u> . This class is designed to improve standing and moving balance for all skill levels, as modifications are provided for each exercise.
Social	11:00 a.m.	MAHJONG will be held in the <u>Crossover Bridge Room</u> between 11:00 a.m. – 1:00 p.m.
Intellectual Social	12:00 p.m.	ACTIVE AGING LUNCHEON in the <u>Cultural Center</u> . Topic of Discussion: "BREAST CANCER – A HISTORICAL PERSPECTIVE" with DR. ANNE CLOSE .
Social	1:00 p.m. – 4:00 p.m.	AMERICAN CONTRACT BRIDGE LEAGUE with SUE WESSNER , lesson and game in the <u>Berkshire Room</u> .
Physical Social	1:30 p.m. 	AQUA ZUMBA – Come enjoy an aquatics dance class choreographed to lively Latin music, 1:30 p.m. – 2:15 p.m. in the <u>Fitness Center Pool</u> .
Social	1:30 p.m. 	BUS TO CVS and WINE & SPIRITS STORE . Register at the <u>Concierge Desk</u> for transportation.
Physical Social	2:00 p.m.	SEATED EXERCISE CLASS will be in the <u>Fitness Center Lobby</u> . These exercises are designed to improve muscle strength, circulation, coordination, and flexibility. All exercises are performed while sitting in a chair.
Physical Social	2:15 p.m. 	WATER WALKING will be held in the <u>Fitness Center Pool</u> .
Physical Social	2:30 p.m.	Wii BOWLING in the <u>Fitness Center Lobby</u> following EXERCISE CLASS.
Emotional Social	3:00 p.m.	FRIENDS OF BILL , meet every Monday, 3:00 p.m. in <u>Personal Care Lower Level Sunroom</u> . This group, which is Resident-led with confidentiality, supports individuals who wish to stop letting alcohol take contol of their life. Anyone is welcome to attend. For more information call (610) 463-8775.




MONDAY, OCTOBER 9, 2017 (Cont.)

Social	4:45 p.m.	"PIANO MAN" – BILL MOYER will play piano in the <u>Main Lounge</u> for your listening entertainment.
Intellectual Social	6:30 p.m.	NOTE TIME: BERKS ENCORE & APPRISE (STATE HEALTH INSURANCE ASSISTANCE PROGRAM) – "WHAT YOU NEED TO KNOW ABOUT YOUR BENEFITS," 6:30 p.m. in the <u>Cultural Center</u> .
Intellectual Social	7:00 p.m. 	CARD PARTY in the <u>Berkshire Room</u> . Form your group in advance.


TUESDAY, OCTOBER 10, 2017

Physical Social	9:00 a.m.	CARDIO & TONE in the <u>Berkshire Room</u> .
Physical Social	9:00 a.m.	WALKING GROUP "FRESH AIR CLUB" meets in the <u>Main Lounge</u> , by the Concierge Desk; walk will be outdoors weather permitting.
Social	10:00 a.m. 	BUS TO THE MOHNTON POST OFFICE and WYOMISSING LIBRARY. Register at the <u>Concierge Desk</u> for transportation.
Physical	10:00 a.m.	FRESH START – A daily workout from the comfort of your home. Tune to " HTN " – (Channel 956) and enjoy these simple and safe exercise moves and get your Tuesday off to a "Fresh Start!"
Spiritual Emotional Social	10:15 a.m.	BIBLE STUDY with Pastor MARK RIGG will be held in the <u>Berkshire Room</u> . All are welcome to attend!
Physical Social	10:15 a.m. 	AQUATIC BALANCE: CORE & MORE , 10:15 a.m. – 11:00 a.m., in the <u>Fitness Center Pool</u> .
Intellectual Social	11:15 a.m. 	BUS DEPARTS 11:15 a.m. for the ALVERNIA SENIORS COLLEGE . Topic of Discussion: " THE STATE OF THE COMMONWEALTH IN PENNSYLVANIA ," with Senator, JUDY SCHWANK .
Physical	12:30 p.m.	DR. WINANS , 12:30 p.m. – 3:30 p.m., in the <u>Health Support Office</u> . Contact Health Support to make an appointment.
Intellectual Social	1:00 p.m.	WYOMISSING GARDEN CLUB PROGRAM , 1:00 p.m. in <u>Cultural Center – Side B</u> . Topic of Discussion: " NATURE 101 " with TAMI JO SHIMP , from BERKS NATURE .
	NOTE:	NO WATER VOLLEYBALL TODAY.
Social	1:30 p.m. 	BUS TO K-MART SHOPPING CENTER, THE DOLLAR STORE, GROCERY OUTLET BARGAIN MARKET AND WELLS FARGO BANK. Register at the <u>Concierge Desk</u> for transportation.
Physical Social	2:15 p.m. 	SUPERVISED SWIM , 2:15 p.m. – 3:15 p.m., in the <u>Fitness Center Pool</u> . PLEASE NOTE: Supervised Swim will be Resident led.

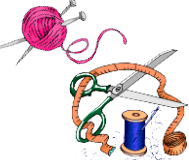



WEDNESDAY, OCTOBER 11, 2017

Physical Social	9:00 a.m.	STRENGTHEN & TONE in the <u>Cultural Center – Side A</u> . This class will improve core strength, flexibility, posture and overall physical strength.
Physical	10:00 a.m.	FRESH START – A daily workout from the comfort of your home. Tune to “ HTN ” – (Channel 956) and enjoy these simple and safe exercise moves and get your Wednesday off to a “Fresh Start!”
Physical Social	10:00 a.m. 	AQUA CLASS in the <u>Fitness Center Pool</u> .
	NOTE:	STRETCH & FLOW is cancelled today.
Physical Social	10:45 a.m. 	WATER WALKING will be held in the <u>Fitness Center Pool</u> .
Physical Social	1:00 p.m.	TAI CHI CLASS with JAN GYOMBER in <u>Cultural Center – Side A</u> .
Social	1:30 p.m. 	BUS TO THE BERKSHIRE MALL . Register at the <u>Concierge Desk</u> for transportation.
Social	1:30 p.m.	HIGHLANDAIRES REHEARSAL , 1:30 p.m. – 2:45 p.m. in the <u>Berkshire Room</u> .
Social	3:00 p.m.	BELLAIRES REHEARSAL , 3:00 p.m. – 4:00 p.m. in the <u>Berkshire Room</u> .
Social	4:00 p.m.	DR. MICHAEL EAGER will play piano in the <u>Main Lounge</u> during Social Hour.
Social	6:00 p.m.	CREATING SLEEPING MATS FOR THE HOMELESS , 6:00 p.m. to 8:00 p.m. in the <u>Cultural Center – Side B</u> .
Intellectual Social	7:30 p.m.	NOTE TIME: KNOW YOUR SYMPHONY (Lecture #1,) with RSO Music Director, ANDREW CONSTANTINE , 7:30 p.m. in <u>Cultural Center – Side A</u> .

THURSDAY, OCTOBER 12, 2017

	NOTE:	REGISTRATION DEADLINE for FRIENDS OF CHAMBER MUSIC, “THE ALETHEIA TRIO.” Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Physical Social	9:00 a.m.	ENDURANCE & FLOW in the <u>Berkshire Room</u> .
Physical	10:00 a.m. 11:00 a.m.	HEALTH SUPPORT CLINIC – Stop by the <u>Health Support Office</u> for blood pressure screening and weight check at no charge. The office is located on the <u>Second Floor across from Apt. #297</u> .
Physical	10:00 a.m.	FRESH START – A daily workout from the comfort of your home. Tune to “ HTN ” – (Channel 956) and enjoy these simple and safe exercise moves and get your Thursday off to a “Fresh Start!”
Physical Social	10:00 a.m. 	AQUA TONE in the <u>Fitness Center Pool</u> .



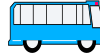


THURSDAY, OCTOBER 12, 2017 (Cont.)

Social	10:00 a.m. 	CREATIVE STITCHERS. This group meets every Thursday at 10:00 a.m. in the <u>Parlor</u> . We create items for charities like hats, mittens, and sweaters. We are currently making a special item for the Berks County Breast Cancer Support Group. We also work on our own special creations. Come share your talents with us for an hour.
	NOTE:	BALANCE & CONTROL is cancelled today.
Physical Social	10:45 a.m. 	WATER WALKING in the <u>Fitness Center Pool</u> .
Physical Social	1:00 p.m.	BEAN BAG BASEBALL with Special Guest KAREN MOYER from Finance , 1:00 p.m. in the <u>Berkshire Room</u> .
Spiritual Social	1:30 p.m.	READING CHRISTIAN WOMAN'S CLUB "PRAYER CONNECTION," in the <u>Meditation Room</u> .
Social	1:30 p.m. 	BUS TO GIANT MARKET. Register at the <u>Concierge Desk</u> for transportation.
Intellectual Social	1:30 p.m. 	CHESS GAMES AT THE HIGHLANDS , 1:30 p.m. – 4:30 p.m. in the <u>Main Lounge</u> .
Social	4:30 p.m.	TOM SCHLEGEL on piano, 4:30 p.m. – 5:30 p.m. in the <u>Main Lounge</u> .
Spiritual Social	7:00 p.m.	ENRICHING OUR SPIRITUALITY , 7:00 p.m. – 8:00 p.m. in the <u>Cultural Center</u> . Chaplain Wenzel invites you to a panel discussion focused on learning how care for your spirituality is care for your well being. Panelists will be: The Rev. Gregory Stoddard, Chaplain Tahara Akmal and Janeen & Thomas Adil.
Physical Social	7:00 p.m.	"OCTOBER" GAME NIGHT , 7:00 p.m. in the <u>Berkshire Room</u> . Light refreshments will be served.

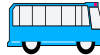

FRIDAY, OCTOBER 13, 2017

	NOTE:	REGISTRATION DEADLINE for the trip to the RSO Concert #1 . Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
	NOTE:	REGISTRATION DEADLINE, for the ONE-ON-ONE COMPUTER TUTORING, (20 minute sessions) with Alvernia Volunteer, MICHAELA O'HERN , Monday, October 16, 2017, 9:30 a.m. – 11:30 a.m. in the <u>Second Floor Computer Room</u> .
Physical Social	9:00 a.m.	YOGA FLOW in the <u>Berkshire Room</u> .
Social	10:00 a.m. 	BUS TO GIANT MARKET. Register at the <u>Concierge Desk</u> for transportation.
Physical	10:00 a.m.	FRESH START – A daily workout from the comfort of your home. Tune to "HTN" – (Channel 956) and enjoy these simple and safe exercise moves and get your Friday off to a "Fresh Start!"


FRIDAY, OCTOBER 13, 2017 (Cont.)

Physical Social	10:00 a.m.	SEATED EXERCISE CLASS will be held in the <u>Fitness Center Lobby</u> . These exercises are designed to improve muscle strength, circulation, coordination, and flexibility. All of the exercises are performed while sitting in a chair.
Physical Social	10:15 a.m. 	AQUA FIT , 10:15 a.m. – 11:00 a.m., in the <u>Fitness Center Pool</u> . Low impact cardiovascular and muscle endurance exercise designed to improve stamina, strength, mobility, and coordination.
Physical Social	10:30 a.m.	Wii BOWLING in the <u>Fitness Center Lobby</u> following EXERCISE CLASS.
Physical Social	11:00 a.m.	LINE DANCING in the <u>Berkshire Room</u> .
Physical Social	11:15 a.m.	RESIDENT GOLF on the <u>Putting Green</u> ; weather permitting. PLEASE NOTE: Resident Golf will be Resident led.
Physical Social	1:00 p.m. 	SUPERVISED SWIM in the <u>Fitness Center Pool</u> . PLEASE NOTE: Supervised Swim will be Resident led.
Social	1:00 p.m.	CREATING SLEEPING MATS FOR THE HOMELESS , 1:00 p.m. to 4:00 p.m. in the <u>Berkshire Room</u> .
Social	1:30 p.m.	NOTE: NO FRIDAY MATINEE TODAY.
Social	1:30 p.m. 	BUS TRIP TO TARGET. Register at the <u>Concierge Desk</u> for transportation.
Spiritual Social	3:15 p.m.	SABBATH SERVICE with Rabbi BRIAN MICHELSON , 3:15 p.m. – 4:30 p.m. <u>Lower Level Personal Care Classroom</u> .
Emotional Social	4:00 p.m.	ELLEN “DASH” WALTER on piano in the <u>Main Lounge</u> .
Emotional Social	5:00 p.m. 	BAVARIANFEST MIT SINGEN, ESSEN UND TANZEN by the Liederkanz G.T.V Edelweiss Schuhplattlers. NOTE: Residents must be registered for this event at the Dining Services Hostess Desk.
Emotional	6:30 p.m. 	BUS DEPARTS for FRIENDS OF CHAMBER MUSIC, “THE ALETHEIA TRIO.”

SATURDAY, OCTOBER 14, 2017

Social	10:00 a.m.	TAYLORMARIE FASHION STORE , 10:00 a.m. – 2:00 p.m. in <u>Cultural Center - Side B</u> . Fall Fashion Shopping Event , cash, check and credit card accepted.
Spiritual Emotional Social	10:00 a.m. 	TRANSPORTATION TO SYNAGOGUE. Bus departs at 10:00 a.m. and will pick up at 12:00 p.m. Register at the <u>Concierge Desk</u> by Friday at <u>noon</u> for transportation.
Physical Social	10:00 a.m. 	QUOITS <u>behind the Fitness Center</u> every Saturday; weather permitting.

SATURDAY, OCTOBER 14, 2017 (Cont.)

Emotional Social	10:00 a.m.	WEEKEND WELLNESS: QIGONG CLASS in the <u>Berkshire Room</u> .
Physical Social	11:00 a.m.	WEEKEND WELLNESS: ZUMBA GOLD in the <u>Berkshire Room</u> . <u>Please Note:</u> This can be done in a seated position.
Social	1:00 p.m.	DUPLICATE BRIDGE in the <u>Berkshire Room</u> .
Physical Social	1:30 p.m. 2:30 p.m.	HEALTH SUPPORT CLINIC. Stop by the <u>Health Support Office</u> for blood pressure screening and weight check at no charge. The office is located on the <u>Second Floor across from Apt #297</u> .
Social	6:30 p.m.	RSO- READING SYMPHONY ORCHESTRA. Featured Celloist, JULIE ALBERS. Bus departs at 6:30 p.m. for a 7:30 p.m. Concert. Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Social	7:00 p.m. 	SATURDAY NIGHT AT THE MOVIES – “THEIR FINEST,” (2017), in <u>Cultural Center – Side B</u> . During the terrifying days of World War II in London, it is decided that the entire city could use a morale boost. But, with increasing danger and streets that have been completely bombed out, delivering that confidence is much more difficult than it seems. Enter a film crew, which has been dispatched to make a propaganda movie about the Blitzkrieg, reminding Londoners of their resolute strength in the midst of so much darkness and horror. Cast – Gemma Arterton, Sam Claflin, Bill Nighy and Jack Huston Rated – (R) Running Time – 117 minutes Bring a pillow for comfort!

FUTURE EVENTS

Sunday, October 15	HAND BELL SOLOIST RECITAL with PAUL BECKER , 6:00 p.m. in <u>Cultural Center – Side A</u> .
Monday, October 16	NOTE: REGISTRATION DEADLINE for ALVERNIA SENIORS LUNCH & LECTURE . Register at the <u>Concierge Desk</u> .
Monday, October 16	PUBLIC AFFAIRS BREAKFAST (#2 of 3) , 8:30 a.m. in the <u>Cultural Center</u> . Topic of Discussion: GREATER READING REVITALIZATION – MAKING A DIFFERENCE with CEO, JOHN WEIDENHAMMER of Weidenhammer Systems Corp.
Monday, October 16	ONE-ON-ONE COMPUTER TUTORING, (20 minute sessions) with Alvernia Volunteer MICHAELA O’HERN , 9:30 a.m. to 11:30 a.m. in the <u>Second Floor Computer Room</u> .
Monday, October 16	92nd STREET Y , 2:00 p.m. in <u>Cultural Center – Side B</u> .
Monday, October 16	HISTORY LECTURE – “TERROR ON THE TULPEHOCKEN,” 7:00 p.m. in the <u>Cultural Center</u> .
Tuesday, October 17	BIBLE STUDY , 10:15 a.m. with Pastor MARK RIGG from the Advent Lutheran Church in West Lawn . All are welcome to attend!

FUTURE EVENTS (Cont.)

Tuesday, October 17	BUS DEPARTS at 11:15 a.m. for the SENIORS LUNCH & LEARN . <u>Topic of Discussion:</u> “WHAT’S NEW IN THE BERKS COUNTY PARK SYSTEM” presented by KATHY WEGENER , Recreation & Cultural Program Manager.
Wednesday, October 18	NOTE: REGISTRATION DEADLINE for the OUT-TO-DINNER TRIP to CHRISTINES’S CREEKSIDE INN . Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Wednesday, October 18	“COFFEE WITH BOB,” 10:00 a.m. in the <u>Lower Level Personal Care Classroom</u> .
Wednesday, October 18	ROMAN CATHOLIC MASS , 3:00 p.m. in <u>Skilled Nursing</u> .
Wednesday, October 18	“OCTOBER” CLASSIC MOVIE – “CAT ON A HOT TIN ROOF,”(1958) 7:00 p.m. in the <u>Cultural Center</u> .
Thursday, October 19	NOTE: REGISTRATION DEADLINE for the CONRAD WEISER HOMESTEAD TRIP . Register at the <u>Concierge Desk</u> with your \$10.00 transportation fee. (Fee includes transportation and admission.)
Thursday, October 19	PODIATRIST – DR. J. PETER BARRETT , 1:00 p.m. – 3:00 p.m. in the <u>Health Support Office</u> . Contact his office to make an appointment at #610-376-4880.
Thursday, October 19	BUS DEPARTS at 4:30 p.m. for the “OCTOBER” OUT-TO-DINNER TRIP to CHRISTINE’S CREEKSIDE INN , Boyertown.
Thursday, October 19	TORCH CLUB , 5:45 p.m., in the <u>Berkshire Room</u> .
Friday, October 20	BUS DEPARTS at 10:00 a.m. for a TRIP to the CONRAD WEISER HOMESTEAD .
Friday, October 20	SPECIAL FRIDAY NIGHT MOVIE – “RAINMAN,” (1988) , in <u>Cultural Center – Side A</u> .
Saturday, October 21	SATURDAY EVENING LECTURE with Fitness Center Coordinator, JARED MARTZ , 7:00 p.m. in the <u>Cultural Center</u> . <u>Topic of Discussion:</u> “AGING – HOW CAN WE SLOW IT DOWN?”
Monday, October 23	NOTE: REGISTRATION DEADLINE for the ALVERNIA SENIORS COLLEGE LUNCH & LEARN . Register at the <u>Concierge Desk</u> for transportation.
Monday, October 23	NOTE: REGISTRATION DEADLINE for the “OCTOBER” LUNCH-BUNCH-TRIP to “GANLY’S” followed by a drive around Blue Marsh Lake to see the Fall Foliage. Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Monday, October 23	ONE-ON-ONE COMPUTER TUTORING, (20 minute sessions) with Alvernia Volunteer MICHAELA O’HERN , 9:30 a.m. to 11:30 a.m. in the <u>Second Floor Computer Room</u> .

FUTURE EVENTS (Cont.)

Monday, October 23	MEET THE ARTIST SERIES with BILL & LOUISE COSGROVE , 7:00 p.m. in <u>Cultural Center – Side A</u> . Featured Artist: JOHN SINGER SARGENT – American Portraitist & Water Colorist, (1856-1925).
Tuesday, October 24	BIBLE STUDY , 10:15 a.m. in the <u>Berkshire Room</u> , with Pastor STEVE OHNSMAN . All are welcome to attend!
Tuesday, October 24	BUS DEPARTS at 11:15 a.m. for ALVERNIA SENIORS COLLEGE LUNCH & LEARN . Topic of Discussion: THE ALVERNIA FOOTBALL TEAM – MEET The Head Coach, RALPH CLARK and Athletic Director, BILL STILES .
Tuesday, October 24	ALVERNIA SENIORS COLLEGE PRESENTS A LECTURE , 2:30 p.m. in the <u>Cultural Center</u> . Topic of Discussion: “DRONES & DRONING” – What Do You Know? What Will You Tolerate? , with SCOTT DAVIDSON .
Tuesday, October 24	“POLLACK FURS” – REPURPOSED , 7:00 p.m. in the <u>Berkshire Room</u> .
Wednesday, October 25	SEPTEMBER 2017 FINANCIAL STATEMENTS – Presentation with CFO, MARIANNE PESSOGNELLI , 11:30 a.m. in the <u>Berkshire Room</u> .
Wednesday, October 25	SAVE THE DATE: FOR THE HIGHLAND’S ANNUAL “HARVEST BALL,” 6:30 p.m. to 8:30 p.m. in the <u>Cultural Center</u> . (More details will follow.)
Thursday, October 26	“VALLEY VIEW MENS CHORUS,” from Ephrata, 7:00 p.m. in the <u>Cultural Center</u> .
Friday, October 27	CREATING SLEEPING MATS FOR THE HOMELESS , 1:00 p.m. to 4:00 p.m. in the <u>Berkshire Room</u> .
Friday, October 27	BUS DEPARTS 1:00 p.m. for the MUSEUM GALLERY TOUR & LECTURE being held at the <u>PLANETARIUM</u> . Topic of Discussion: “POP CULTURE” selections from the WEISMAN ART FOUNDATION .
Friday, October 27	THE SINGING MAYOR , 7:00 p.m. in the <u>Cultural Center</u> .
Saturday, October 28	DUPLICATE BRIDGE , 1:00 p.m. in the <u>Berkshire Room</u> .
Saturday, October 28	SAVE THE DATE: FOR THE HIGHLAND’S ANNUAL “SAFE HALLOWEEN.” (More details will follow)

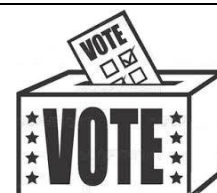
No Greater Community Events at The Highlands this Week.

Week of Sunday, October 8, 2017 to Saturday, October 14, 2017



ABSENTEE BALLOTS!

For those of you unable to vote in the
RESIDENT COUNCIL ELECTION, November 3, 2017
Absentee Ballots are now available at the Concierge Desk.





Attention Residents:



Tutoring Beginning Monday, October 9, 2017

Alvernia University Student Volunteer, MICHAELA O'HERN

will be offering 1:1 Tutoring in the 2nd Floor Residential Computer Room
each Monday from 9:30 a.m. to 11:30 a.m.

Register at the Concierge Desk for a 20 minute appointment.

Fall in Love with Fashion

Fall Fashion Shopping Event

Saturday October 14, 2017

- Huge Selection of fashionable, fall merchandise. Department store shopping brought directly to you!
- Petite, Missy & Women's Sizes Available

10:00am—2:00pm

Culture Center (Side B)

 **TaylorMarie's**
Your Fashion. Your Style. Your Place.,



We accept Cash, Check and Credit Cards

Trip to BRECKNOCK ORCHARD

Has been rescheduled for Friday, October 27, 2017

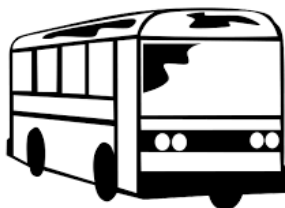
Bus departs at 1:30 p.m.
for a scenic wagon ride through the orchard.

There will be time for apple picking and shopping at the farm market.

Register at the Concierge Desk. There is no fee for this trip.



SAVE THE DATES



Motor Coach Trips

Thursday, November 2, 2017 – Lehigh Valley Wine Trail

Tuesday, December 5, 2017 – Peddler's Village

(More details will follow.)