




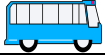


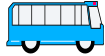

## December 3, 2017 – December 9, 2017

### SUNDAY, December 3, 2017


Spiritual Emotional Social		<b>BUSES TO LOCAL CHURCHES.</b> Schedules are available at the <u>Concierge Desk</u> . Please register by <u>8:00 a.m. today</u> if you would like to go to church.
Physical Social	2:00 p.m.	<b>WEEKEND WELLNESS: LINE DANCING</b> in the <u>Berkshire Room</u> .
Social	3:00 p.m. 	<b>BUS DEPARTS</b> at 3:00 p.m. for the <b>READING CHORAL SOCIETY</b> and the <b>PENN VIEW BRASS BAND</b> at <b>ATONEMENT LUTHERAN CHURCH</b> . Tickets must be purchased on your own. See flyer in the Mail Room.
Physical Social	4:00 p.m.	<b>“FALL PROOFING YOUR BODY” LECTURE</b> with <b>Fitness Coordinator, JARED MARTZ</b> , 4:00 p.m. – 5:00 p.m. in <u>Cultural Center – Side A</u> .
Social	5:00 p.m.	<b>BUS DEPARTS</b> at 5:00 p.m. for the <b>Highlands’ Annual Christmas Trip</b> to the elegant <b>“LOCH NAIRN GOLF CLUB”</b> in Avondale, PA.
Social	6:00 p.m. 	<b>SUNDAY SPECIAL FEATURE – “RICK STEVE’S EUROPEAN CHRISTMAS,” (2005)</b> , in the <u>Cultural Center</u> . This program shares an intimate look at how seven diverse cultures celebrate Christmas. From England to Austria, Burgundy to Bavaria, Norway to Rome, and to the top of the Swiss Alps, this special gets you down on the carpet with gleeful children, up in the loft with the finest choirs, and into the kitchen with Grandma and all her secrets.  <b>Rated – (G)                      Running Time – 60 minutes</b> <b>Bring a pillow for comfort!</b>

DON'T FORGET TO TUNE IN TO “HTN” – THE HIGHLAND’S TELEVISION NETWORK- (Channel 956) each weekday morning at 9:00 a.m. for announcements of the daily events!





## MONDAY, DECEMBER 4, 2017

Physical Social	9:00 a.m.	<b>YOGA FLOW</b> with <b>KELLY ARNOLD</b> in the <u>Berkshire Room</u> .
Intellectual Social	9:30 a.m.- 11:30 a.m.	<b>ONE-ON-ONE COMPUTER TUTORING, (20 minute sessions),</b> with <b>Alvernia Student Volunteer, MICHAELA O’HERN</b> , 9:30 a.m. – 11:30 a.m. in the <u>Second Floor Computer Room</u> . <b>(FINAL SESSION.)</b>
Social	10:00 a.m. 	<b>BUS TO WEIS MARKET.</b> Register at the <u>Concierge Desk</u> .
Physical	10:00 a.m.	<b>FRESH START-</b> A daily workout from the comfort of your home. Tune to “ <b>HTN</b> ” – ( <b>Channel 956</b> ) and enjoy these simple and safe exercise moves and get your Monday off to a “Fresh Start!”
Physical Social	10:15 a.m.	<b>BALANCE &amp; CONTROL</b> , 10:15 a.m. – 11:00 a.m. in the <u>Berkshire Room</u> . This class is designed to improve standing and moving balance for all skill levels, as modifications are provided for each exercise.
Social	11:00 a.m.	<b>MAHJONG</b> will be held in the <u>Crossover Bridge Room</u> from 11:00 a.m. – 1:00 p.m.
Social	1:00 p.m.	<b><u>NOTE LOCATION:</u> HOLIDAY CONTRACT BRIDGE LEAGUE</b> with <b>SUE WESSNER</b> , 1:00 p.m. – 4:00 p.m. in the <u>Cultural Center</u> .
Social	1:30 p.m. 	<b>MONDAY MATINÉE, HTN – (CHANNEL 956). TODAY’S FEATURE: “PICNIC,” (1955).</b> The morning of a small town Labor Day picnic, a drifter (Hal Carter) blows into town to visit an old fraternity buddy (Alan Benson) who also happens to be the son of the richest man in town. Hal is an egocentric braggart – all potential and no accomplishment. He meets up with Madge Owens, the town beauty queen and girlfriend of Alan Benson.  <b>Cast</b> – William Holden, Kim Novak, Cliff Robertson, Betty Field and Rosalind Russell  <b>Rated</b> – (PG) <b>Running Time</b> – 113 minutes
Physical Social	1:30 p.m. 	<b>AQUA ZUMBA</b> with <b>SHERRI FREIFELDER</b> – Come enjoy an aquatics dance class choreographed to lively Latin music, 1:30 p.m. – 2:15 p.m. in the <u>Fitness Center Pool</u> .
Social	1:30 p.m. 	<b>BUS TO CVS and WINE &amp; SPIRITS STORE.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical Social	2:00 p.m.	<b>SEATED EXERCISE CLASS</b> will be in the <u>Fitness Center Lobby</u> . These exercises are designed to improve muscle strength, circulation, coordination and flexibility. All exercises are performed while sitting in a chair.
Spiritual Social	2:00 p.m.	<b><u>NOTE:</u> SACRED HEART COMMUNION</b> will be held today in the <u>Upper Level Personal Care Fireplace Lounge</u> .
Physical Social	2:15 p.m. 	<b>WATER WALKING</b> will be held in the <u>Fitness Center Pool</u> .
Physical Social	2:30 p.m.	<b>Wii BOWLING</b> in the <u>Fitness Center Lobby</u> following EXERCISE CLASS.





## MONDAY, DECEMBER 4, 2017 (Cont.)

Emotional Social	3:00 p.m.	<b>FRIENDS OF BILL</b> , meet every Monday, 3:00 p.m. in the <u>Personal Care Lower Level Sunroom</u> . This group, which is Resident-led with confidentiality, supports individuals who wish to stop letting alcohol take control of their life. Anyone is welcome to attend. For more information call #610-463-8775.
Social	4:45 p.m.	<b>"PIANO MAN" – BILL MOYER</b> will play piano in the <u>Main Lounge</u> for your listening entertainment.
Intellectual Social	7:00 p.m. 	<b>CARD PARTY</b> in the <u>Berkshire Room</u> . Form your group in advance.
Social	7:00 p.m.	<b>TOWN HALL MEETING</b> in the <u>Cultural Center</u> .

## TUESDAY, DECEMBER 5, 2017

Physical Social	9:00 a.m.	<b>CARDIO &amp; TONE</b> in the <u>Berkshire Room</u> .
Physical Social	9:00 a.m.	<b>WALKING GROUP "FRESH AIR CLUB"</b> meets in the <u>Main Lounge</u> , by the Concierge Desk; walk will be outdoors weather permitting.
Social	10:00 a.m. 	<b>BUS TO THE MOHNTON POST OFFICE and WYOMISSING LIBRARY.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to <b>"HTN" – (Channel 956)</b> and enjoy these simple and safe exercise moves and get your Tuesday off to a "Fresh Start!"
Spiritual Emotional Social	10:15 a.m.	<b>BIBLE STUDY</b> with <b>Pastor MARK RIGG</b> from <b>West Lawn Advent Lutheran Church</b> will be in the <u>Berkshire Room</u> . All are welcome to attend!
Physical Social	10:15 a.m. 	<b>AQUATIC BALANCE: CORE &amp; MORE</b> , 10:15 a.m. – 11:00 a.m. in the <u>Fitness Center Pool</u> .
Physical	12:30 p.m.	<b>DR. WINANS</b> , 12:30 p.m. – 3:30 p.m. in the <u>Health Support Office</u> . Contact Health Support to make an appointment.
Social	1:00 p.m.	<b>CREATING SLEEPING MATS FOR THE HOMELESS</b> , 1:00 p.m. – 4:00 p.m. in the <u>Berkshire Room</u> .
Social	1:30 p.m. 	<b>BUS TO K-MART SHOPPING CENTER, THE DOLLAR STORE, GROCERY OUTLET BARGAIN MARKET AND WELLS FARGO BANK.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical Social	2:00 p.m. 	<b>SUPERVISED SWIM</b> , 2:00 p.m. – 3:00 p.m. in the <u>Fitness Center Pool</u> .
Social	7:00 p.m.	<b>EXETER COMMUNITY BAND</b> will perform a Holiday Concert in the <u>Cultural Center</u> .

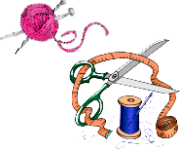




## WEDNESDAY, DECEMBER 6, 2017

Physical	9:00 a.m.	<b>STRENGTH &amp; TONE</b> in the <u>Berkshire Room</u> . This class will improve core strength, flexibility, posture and overall physical strength.
Social	10:00 a.m.	<b>“COFFEE WITH BOB,”</b> coffee and conversation about <b>“DEMENTIA”</b> and the impact it has on families and friends, 10:00 a.m. in the <u>Lower Level Personal Care Classroom</u> .
Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to <b>“HTN” – (Channel 956)</b> and enjoy these simple and safe exercise moves and get your Wednesday off to a “Fresh Start!”
Physical Social	10:00 a.m. 	<b>AQUA CLASS</b> in the <u>Fitness Center Pool</u> .
Physical Social	10:15 a.m.	<b>STRETCH &amp; FLOW</b> , 10:15 a.m. – 11:00 a.m. in the <u>Berkshire Room</u> . A low intensity stretching class designed to improve stamina, flexibility and posture.
Physical Social	10:45 a.m. 	<b>WATER WALKING</b> will be held in the <u>Fitness Center Pool</u> .
Physical Social	1:00 p.m.	<b>TAI CHI CLASS</b> with <b>JAN GYOMBER</b> in the <u>Fitness Center Lobby</u> .
Social	1:30 p.m. 	<b>BUS TO THE BERKSHIRE MALL.</b> Register at the <u>Concierge Desk</u> for transportation.
Social	1:30 p.m.	<b>HIGHLANDAIRES REHEARSAL</b> , 1:30 p.m. – 2:45 p.m. in <u>Berkshire Room</u> .
Social	2:00 p.m. 	<b>GOGGLWORKS TRIP.</b> Register at the <u>Concierge Desk</u> .
Social	3:00 p.m.	<b>BELLAIRES REHEARSAL</b> , 3:00 p.m. – 4:00 p.m. in <u>Berkshire Room</u> .
Social	3:30 p.m.	<b>THE HIGHLANDS’ HOLIDAY OPEN HOUSE</b> , 3:30 p.m. – 5:30 p.m. entertainment, drinks and hors d’oeuvres, in the <u>Cultural Center</u> and <u>Main Lounge</u> .
Intellectual Social	3:30 p.m.	<b>TOM WITMAN</b> will play piano in the <u>Main Lounge</u> during the Holiday Open House event, 3:30 p.m. – 5:30 p.m.
Intellectual	7:00 p.m.	<b>“DECEMBER” BINGO!</b> Will be played in the Berkshire Room. There is a \$3.00 donation payable at the door.

## THURSDAY, DECEMBER 7, 2017

Physical	9:00 a.m.	<b>ENDURANCE &amp; FLOW</b> in the <u>Berkshire Room</u> .
Physical	10:00 a.m. 11:00 a.m.	<b>HEALTH SUPPORT CLINIC.</b> Stop by the <u>Health Support Office</u> for blood pressure screening and weight check at no charge. The office is located on the <u>Second Floor across from Apt. #297</u> .






## THURSDAY, DECEMBER 7, 2017 (Cont.)

Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to “ <b>HTN</b> ” – ( <b>Channel 956</b> ) and enjoy these simple and safe exercise moves and get your Thursday off to a “Fresh Start!”
Social	10:00 a.m. 	<b>CREATIVE STITCHERS</b> . This group meets every Thursday at 10:00 a.m. in the <u>Parlor</u> . We create items for charities like hats, mittens and sweaters. We are currently making a special item for the Berks County Breast Cancer Support Group. We also work on our own special creations. Come share your talents with us for an hour.
Physical	10:00 a.m. 	<b>AQUA TONE</b> in the <u>Fitness Center Pool</u> .
Physical Social	10:15 a.m.	<b>BALANCE &amp; CONTROL</b> , 10:15 a.m. – 11:00 a.m. in the <u>Berkshire Room</u> . This class is designed to improve standing and moving balance for all skill levels. Modifications are provided for each exercise.
Physical Social	10:45 a.m. 	<b>WATER WALKING</b> in the <u>Fitness Center Pool</u> .
		<b><u>NOTE</u>: NO BOOK CLUB FOR THE MONTH OF DECEMBER.</b>
Emotional Social	12:30 p.m.	<b>BLESSING OF THE SLEEPING MATS FOR THE HOMELESS</b> and Presentation to <b>NEW JOURNEY COMMUNITY OUTREACH</b> in <u>Cultural Center – Side A</u> . Come give thanks to all those who helped create the mats.
Physical Social	1:00 p.m.	<b>PODIATRIST – DR. J. PETER BARRETT</b> , 1:00 p.m. – 3:00 p.m. in the <u>Health Support Office</u> . Contact his office to make an appointment at #610-376-4880.
Physical Social	1:00 p.m.	<b>RESIDENT PING PONG</b> , in the <u>Berkshire Room</u> .
Social	1:30 p.m. 	<b>BUS TO GIANT MARKET</b> . Register at the <u>Concierge Desk</u> for transportation.
Intellectual Social	1:30 p.m. 	<b>CHESS GAMES AT THE HIGHLANDS</b> , 1:30 p.m. – 4:30 p.m. in the <u>Main Lounge</u> .
Intellectual Social	2:30 p.m.	<b>GARDEN SLIDES</b> , with <b>BEN SOFER</b> in the <u>Berkshire Room</u> .
Physical Social	2:30 p.m.	<b>BOCCE BALL</b> , 2:30 p.m. to 4:00 p.m. in the <u>Cultural Center</u> .
Social	7:00 p.m.	<b>MT. LAUREL BRASS HOLIDAY PERFORMANCE</b> in the <u>Cultural Center</u> .



## FRIDAY, DECEMBER 8, 2017

		<b><u>NOTE</u>: REGISTRATION DEADLINE to ALBRIGHT COLLEGE for a SATURDAY HOLIDAY CONCERT</b> . Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
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## FRIDAY, DECEMBER 8, 2017 (Cont.)

		<b>NOTE: REGISTRATION DEADLINE</b> for the <b>CHRISTMAS SUNDAY VESPER SERVICE</b> featuring the <b>Reading Pops Orchestra</b> and <b>St. Daniels Choir</b> at <u>Conrad Weiser High School</u> . Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
		<b>NOTE: REGISTRATION DEADLINE</b> for the “ <b>DECEMBER</b> ” <b>ACTIVE AGING LUNCHEON</b> ” Register at the <u>Concierge Desk</u> with your \$10.00 fee.
Physical Social	9:00 a.m.	<b>YOGA FLOW</b> with <b>KELLY ARNOLD</b> in the <u>Berkshire Room</u> .
Social	10:00 a.m. 	<b>BUS TO GIANT MARKET.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to “ <u>HTN</u> ” – ( <b>Channel 956</b> ) and enjoy these simple and safe exercise moves and get your Friday off to a “Fresh Start!”
Physical Social	10:00 a.m.	<b>SEATED EXERCISE CLASS</b> will be held in the <u>Fitness Center Lobby</u> . These exercises are designed to improve muscle strength, circulation, coordination and flexibility. All of the exercises are performed while sitting in a chair.
Physical Social	10:15 a.m. 	<b>AQUA FIT</b> , 10:15 a.m. – 11:00 a.m. in the <u>Fitness Center Pool</u> . Low impact cardiovascular and muscle endurance exercise designed to improve stamina, strength, mobility and coordination.
Physical Social	10:30 a.m.	<b>Wii BOWLING</b> in the <u>Fitness Center Lobby</u> following EXERCISE CLASS.
Physical Social	11:00 a.m.	<b>LINE DANCING</b> in the <u>Berkshire Room</u> .
Physical Social	1:00 p.m. 	<b>SUPERVISED SWIM</b> in the <u>Fitness Center Pool</u> .
Social	1:30 p.m. 	<b>FRIDAY MATINEE</b> – “ <b>LOVE ACTUALLY,</b> ” (2003), in <u>Cultural Center – Side B</u> . (See Saturday, December 9, 2017, for Feature Description.)
Social	1:30 p.m. 	<b>BUS TRIP TO “WYOMISSING FARMERS MARKET”.</b> Register at the <u>Concierge Desk</u> for transportation.
Social	3:00 p.m.	<b>2018 FITNESS CALENDAR PRESENTATION</b> , 3:00 p.m. to 4:00 p.m. in <u>Cultural Center – Side A</u> . This presentation will feature the 2018 Fitness Center Calendar, the new additions and changes that will occur.
Spiritual Social	3:15 p.m.	<b>SABBATH SERVICE</b> , 3:15 p.m. with <b>Rabbi YOSEF LIPSKER</b> in the <u>Lower Level Personal Care Classroom</u> .
Social	4:00 p.m.	<b>NOTE: NO ELLEN “DASH” WALTER TODAY.</b>
Social	4:30 p.m.	<b>MILLIE EBEN’S STUDENT HOLIDAY RECITAL</b> , 4:30 p.m. – 6:30 p.m. in the <u>Main Lounge</u> .

## SATURDAY, DECEMBER 9, 2017

Social	9:00 a.m.	<p><b>HIGHLANDAIRES &amp; BELLAIRES HOLIDAY CONCERT REHERSAL</b>, 9:00 a.m. – 12:00 p.m. with light continental breakfast in <u>Cultural Center – Side A</u>.</p> <p style="text-align: center;"><b>CHORUS</b> – 9:00 a.m. to 10:30 a.m. <b>BELLS</b> – 10:30 a.m. to 12:00 p.m.</p> <p style="text-align: center;"><b>(DO NOT WEAR PERFORMANCE OUTFITS TO THIS PRACTICE.)</b></p>
Spiritual Emotional Social	10:00 a.m. 	<b>TRANSPORTATION TO SYNAGOGUE.</b> Bus departs at 10:00 a.m. and will pick up at 12:00 p.m. Register at the <u>Concierge Desk</u> by Friday at <u>noon</u> for transportation.
Emotional Social	10:00 a.m.	<b>WEEKEND WELLNESS: QIGONG CLASS</b> in the <u>Berkshire Room</u> .
Physical Social	11:00 a.m.	<b>WEEKEND WELLNESS: ZUMBA GOLD</b> in the <u>Berkshire Room</u> . <u>Please Note:</u> This can be done in a seated position.
Social	1:00 p.m.	<b>DUPLICATE BRIDGE</b> in the <u>Berkshire Room</u> .
Physical Social	1:30 p.m.– 2:30 p.m.	<b>HEALTH SUPPORT CLINIC.</b> Stop by the <u>Health Support Office</u> for blood pressure screening and weight check at no charge. The office is located on the <u>Second Floor</u> across from <u>Apt #297</u> .
Social	2:30 p.m.	<b>WYOMISSING BAND HOLIDAY CONCERT</b> , 2:30 p.m. in the <u>Cultural Center</u> .
Social	6:30 p.m.	<b>BUS DEPARTS</b> at 6:30 p.m. for the <b>ALBRIGHT COLLEGE HOLIDAY CONCERT</b> . Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
		<p><b>SATURDAY NIGHT AT THE MOVIES- “LOVE ACTUALLY,” (2003)</b>, in <u>Cultural Center – Side B</u>. Writer-director Richard Curtis’s charming treatise on romance and relationships is an all-star ensemble comedy that tells 10 separate (but intertwining) London love stories, leading up to a spirited climax on Christmas Eve.</p> <p style="text-align: center;"><b>Cast</b> – Colin Firth, Laura Linney, Hugh Grant, Liam Neeson and Emma Thompson.</p> <p style="text-align: center;"><b>Rated</b> – (R) Sexuality, nudity and language</p> <p style="text-align: center;"><b>Running Time</b> – 135 minutes</p> <p style="text-align: center;"><b>Bring a pillow for comfort!</b></p>

## FUTURE EVENTS

Sunday, December 10	<b>BUS DEPARTS</b> at 2:45 p.m. for the <b>CHRISTMAS VESPER SERVICE</b> by <b>St. Daniels Lutheran Church</b> , featuring <b>Reading Pops Orchestra</b> , <b>St. Daniels Choir</b> and soloists performance at <u>Conrad Weiser High School</u> . Pre Service music by the Hand Bell Choir at 3:40 p.m.
Sunday, December 10	<b>VoICEup BERKS YOUTH CAROLERS</b> , 7:00 p.m. in the <u>Main Lounge</u> .

## **FUTURE EVENTS (Cont.)**

Monday, December 11	<b>NOTE: REGISTRATION DEADLINE</b> for the <b>SIGHT &amp; SOUND “MIRACLE OF CHRISTMAS” SHOW</b> . Register at the <u>Concierge Desk</u> with your \$65.00 fee. (See flyer for details.)
Monday, December 11	<b>ACTIVE AGING LUNCHEON</b> , 12:00 p.m. in the Cultural Center. <b>Topic of Discussion: “ABDOMINAL AORTIC ANEURYSM”</b> with <b>DR. KATHLEEN LAMB</b> .
Monday, December 11	<b>HIGHLANDAIRES HOLIDAY CONCERT PREVIEW:</b> 2:00 p.m. in Skilled Nursing 3:00 p.m. in Personal Care
Monday, December 11	<b>“MEET THE ARTIST” SERIES</b> with the <b>COSGROVES</b> , 7:00 p.m. in <u>Cultural Center – Side A</u> . Featuring American Artist and Printmaker <b>MARY STEVENSON CASSATT</b> (1844 – 1926)
Tuesday, December 12	<b>BUS DEPARTS</b> at 9:30 a.m. for an 11:00 a.m. <b>SIGHT &amp; SOUND “MIRACLE OF CHRISTMAS” SHOW</b> .
Tuesday, December 12	<b>BIBLE STUDY</b> , 10:15 a.m. with <b>Chaplain DAVE HERLAN</b> , 10:15 a.m. in the <u>Berkshire Room</u> . All are welcome to attend!
Wednesday, December 12	<b>DR. EAGER</b> will play piano, 4:00 p.m. in the <u>Main Lounge</u> .
Wednesday, December 13	<b>BELLAIRES HOLIDAY CONCERT PREVIEW</b> , 2:00 p.m. in <u>Cultural Center – Side A</u> .
Wednesday, December 13	<b>HIGHLANDAIRES &amp; BELLAIRES 2017 HOLIDAY CONCERT</b> , 7:00 p.m. with light refreshments in the <u>Cultural Center</u>
Thursday, December 14	<b>NOTE: DR. SONDAY</b> will be here today from 1:00 p.m. – 3:00 p.m. in the <u>Health Support Office</u> in lieu of December 28, 2017, due to the holidays.
Thursday, December 14	<b>BEAN BAG BASEBALL</b> , 1:00 p.m. in the <u>Berkshire Room</u> .
Thursday, December 14	<b>READING CHRISTIAN WOMAN’S CLUB – “PRAYER CONNECTION MEETING,”</b> 1:30 p.m. in the <u>Meditation Room</u> .
Thursday, December 14	<b>Pianist, TOM SCHLEGEL</b> , 4:30 p.m. – 5:30 p.m. in the <u>Main Lounge</u> .
Friday, December 15	<b>CHRISTMAS PROGRAM</b> , 2:30 p.m. with <b>JAY SMAR</b> in <u>Cultural Center – Side A</u> .
Friday, December 15	<b>HOLIDAY LIGHTS RIDE I</b> departs at 6:30 p.m. Be sure to register at the <u>Concierge Desk</u> .
Saturday, December 16	<b>MONARCH DANCE STUDIO HOLIDAY SHOW</b> , 3:30 p.m. in the <u>Cultural Center</u> .
Sunday, December 17	<b>CATHERINE FRONHEISER’S STUDENT PIANO, FLUTE &amp; VIOLIN RECITAL</b> , 7:00 p.m. in the <u>Cultural Center</u> .



## **FUTURE EVENTS (Cont.)**

Monday, December 18	<b>NOTE: REGISTRATION DEADLINE</b> for the “ <b>DECEMBER</b> ” <b>LUNCH-BUNCH-TRIP</b> to the <b>GYPSY KITCHEN</b> . (More details will follow.)
Monday, December 18	<b>92<sup>nd</sup> STREET Y PROGRAM</b> , 2:00 p.m. in <u>Cultural Center – Side B</u> . <b>Program Topic: “JENNA BUSH HAGER and BARBARA PIERCE BUSH” IN CONVERSATION</b> with <b>HODA KOTB</b> .
Monday, December 18	<b>MONDAY MATINEE, HTN – (CHANNEL (956))</b> , 1:30 p.m. <b>Feature being shown: “A MIRROR HAS TWO FACES,” (1996)</b> .
Monday, December 18	<b>WYOMISSING HIGH SCHOOL CAROLERS</b> , 6:15 p.m. in the <u>Main Lounge</u> .
Monday, December 18	“ <b>PIANO MAN</b> ” – <b>BILL MOYER</b> , will play piano in the <u>Main Lounge</u> for your listening entertainment.
Monday, December 18	<b>THE POET HOUR- “CHRISTMAS POETRY”</b> with <b>BILL COSGROVE</b> , 7:00 p.m. in the <u>Cultural Center</u> .
Tuesday, December 19	<b>BIBLE STUDY</b> with <b>Pastor MARK RIGG</b> from <b>West Lawn Advent Lutheran Church</b> , 10:15 a.m. in the <u>Berkshire Room</u> . All are welcome to attend!
Tuesday, December 19	<b>BUS DEPARTS</b> at 11:15 a.m. for the “ <b>DECEMBER</b> ” <b>LUNCH-BUNCH-TRIP</b> to the “ <b>GYPSY KITCHEN</b> ” in <b>DIETZ HALL, THEOLOGICAL SEMINARY</b> .
Tuesday, December 19	<b>CUMRU 4<sup>th</sup> GRADERS HOLIDAY CONCERT</b> , 1:30 p.m. in the <u>Cultural Center</u> .
Tuesday, December 19	<b>RADIO BROADCAST- “DICKENS CHRISTMAS CAROL”</b> with the <b>READING COMMUNITY PLAYERS</b> , 7:00 p.m. in the <u>Cultural Center</u> .
Wednesday, December 20	“ <b>COFFEE WITH BOB,</b> ” 10:00 a.m. in the <u>Lower Level Personal Care Classroom</u>
Wednesday, December 20	<b>NOTE: NO CHORUS &amp; BELLS. WINTER HIATUS BEGINS TODAY!</b>
Wednesday, December 20	<b>ROMAN CATHOLIC MASS</b> , 3:00 p.m. in the <u>Skilled Nursing Dining Room</u> .
Wednesday, December 20	<b>TOM WITMAN plays piano</b> , 4:00 p.m. in the <u>Main Lounge</u> .
Wednesday, December 20	“ <b>DECEMBER</b> ” <b>CLASSIC MOVIE CLUB</b> , presents: “ <b>IT’S A WONDERFUL LIFE,</b> ” 7:00 p.m. in the <u>Cultural Center</u> .
Thursday, December 21	<b>CREATING SLEEPING MATS FOR THE HOMELESS</b> , 1:00 p.m. – 4:00 p.m. in the <u>Berkshire Room</u> .
Thursday, December 21	<b>TORCH CLUB</b> , 5:45 p.m. in the <u>Berkshire Room</u> .
Thursday, December 21	<b>SING ALONG</b> with <b>DAVID GROSS</b> , 7:00 p.m. in the <u>Cultural Center</u> .

## FUTURE EVENTS (Cont.)

Friday, December 22	<b>HOLIDAY LIGHTS RIDE 2</b> departs at 6:30 p.m. Be sure to register at the <u>Concierge Desk</u> .
Saturday, December 23	<b>DUPLICATE BRIDGE</b> , 1:00 p.m. in the <u>Berkshire Room</u> .

**No Greater Community Events at The Highlands this Week.**  
Week of Sunday, December 3, 2017 to Saturday, December 9, 2017



The recycling containers in the mailroom are for the sole purpose of recycling PAPER only!  
**DO NOT PLACE ANYTHING** else, such as flammable or combustible items in these containers.  
Thank you for your cooperation!

## SIGHT & SOUND THEATRE PRESENTS:



**TUESDAY, DECEMBER 12, 2017**

**BUS DEPARTS – 9:30 a.m. START OF SHOW – 11:00 a.m.**

PLEASE MAKE YOUR **\$65.00 PER PERSON** PAYMENT  
AT THE CONCIERGE DESK AS SOON AS POSSIBLE!

REMITTANCE MAY BE MADE EITHER BY CHECK TO  
“*THE HIGHLANDS AT WYOMISSING,*”  
OR CHARGED TO YOUR **RESIDENTIAL ACCOUNT** BY  
MONDAY, DECEMBER 11, 2017.

## “ELF ON THE SHELF”



## HIDE AND SEEK!

**December 1 – December 24**

The Highlands at Wyomissing is excited to welcome its first Elf! Join in the fun as we search for “McJingles”.

The tiny elf will be somewhere on campus each day, beginning December 1 until Christmas Eve when he returns to the North Pole. A weekly prize drawing will occur on Mondays, December 4, December 11 and December 18; and Tuesday, December 26.

See flyer for more details on how to participate.

**IMPORTANT! You may NOT touch McJingles... he will lose his magic!**