







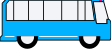



## January 14, 2018 – January 20, 2018

### SUNDAY, JANUARY 14, 2018




Spiritual Emotional Social	  	<b>BUSES to LOCAL CHURCHES.</b> Schedules are available at the <u>Concierge Desk</u> . Please register by <u>8:00 a.m. today</u> if you would like to go to church.
Physical Social	2:00 p.m.	<b>WEEKEND WELLNESS: LINE DANCING</b> in the <u>Berkshire Room</u> .
Spiritual Social	4:00 p.m. 	<b>SUNDAY SERVICE</b> with the <b>Reverend DONALD SIMMONS</b> in the <u>Cultural Center – Side A</u> .
Social	6:00 p.m. 	<b>SUNDAY SPECIAL FEATURE – “THE WAY WEST GHOST DANCE,” 1877-1893, (Part 4 of 4)."</b> The fourth and final episode of the series chronicles the oppression of the Native American tribes that occurred in the wake of the Battle of the Little Bighorn; the surrender and last days of Crazy Horse and Sitting Bull; the rise of the heartbreaking Ghost Dance religion; and the last terrible massacre at Wounded Knee.  Rated – (NR)  Running Time – 90 Minutes  Bring a pillow for comfort!

DON'T FORGET TO TUNE IN TO "HTN" – THE HIGHLAND'S TELEVISION NETWORK- (Channel 956) each weekday morning at 9:00 a.m. for announcements of the daily events!



# MONDAY, JANUARY 15, 2018

Physical Social	9:00 a.m.	<b>YOGA FLOW</b> with <b>KELLY ARNOLD</b> in the <u>Berkshire Room</u> .
Social	10:00 a.m. 	<b>BUS to WEIS MARKET.</b> Register at the <u>Concierge Desk</u> .
Physical	10:00 a.m.	<b>FRESH START-</b> A daily workout from the comfort of your home. Tune to “ <b>HTN</b> ” – ( <b>Channel 956</b> ) and enjoy these simple and safe exercise moves and get your Monday off to a “Fresh Start!”
Physical Social	10:15 a.m.	<b>BALANCE &amp; CONTROL</b> , 10:15 a.m. – 11:00 a.m. in the <u>Berkshire Room</u> . This class is designed to improve standing and moving balance for all skill levels, as modifications are provided for each exercise.
Social	11:00 a.m.	<b>MAHJONG</b> will be held in the <u>Crossover Bridge Room</u> from 11:00 a.m. – 1:00 p.m.
Social	1:00 p.m. 	<b>AMERICAN CONTRACT BRIDGE LEAGUE</b> with <b>SUE WESSNER</b> , lesson and game in the <u>Berkshire Room</u> .
Social	1:30 p.m. 	<b>BUS DEPARTS to CVS and WINE &amp; SPIRITS STORE.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical Social	1:30 p.m. 	<b>AQUA ZUMBA</b> with <b>SHERRI FREIFELDER</b> – Come enjoy an aquatics dance class choreographed to lively Latina music, 1:30 p.m. – 2:15 p.m. in the <u>Fitness Center Pool</u> .
Social	1:30 p.m. 	<b>MONDAY MATINÉE, HTN – (CHANNEL 956). TODAY’S FEATURE:</b> <b>“MILLION DOLLAR BABY,”</b> (2004). Despondent over a painful estrangement from his daughter, trainer Frankie Dunn isn't prepared for boxer Maggie Fitzgerald to enter his life. But Maggie’s determined to go pro and to convince Dunn and his cohort to help her.  <b>Cast</b> – Clint Eastwood, Hilary Swank and Morgan Freeman <b>Rated</b> – (PG-13) <b>Running Time</b> – 133 minutes  <b>Bring a pillow for comfort!</b>
Intellectual Social	2:00 p.m.	<b>92<sup>nd</sup> STREET Y PROGRAM</b> , in <u>Cultural Center – Side B</u> . <b>Program Topic:</b> <b>J.D. VANCE</b> , author of “ <b>HILLBILLY ELEGY</b> ,”with <b>General (Rev.) DAVID H. PETRAEUS</b> .
Physical Social	2:00 p.m.	<b>SEATED EXERCISE CLASS</b> will be in the <u>Fitness Center Lobby</u> . These exercises are designed to improve muscle strength, circulation, coordination and flexibility. All exercises are performed while sitting in a chair.
Physical Social	2:00 p.m.	<b>FITNESS WORKSHOP</b> , 2:00 p.m. – 3:00 p.m. in the <u>Cultural Center</u>
Physical Social	2:15 p.m. 	<b>WATER WALKING</b> in the <u>Fitness Center Pool</u> , without supervision. <b><u>SWIM BUDDY REQUIRED!</u></b>


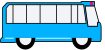

## MONDAY, JANUARY 15, 2018 (Cont.)

Physical Social	2:30 p.m. 	<b>Wii BOWLING</b> in the <u>Fitness Center Lobby</u> following EXERCISE CLASS.
Emotional Social	3:00 p.m.	<b>FRIENDS OF BILL</b> , meet every Monday, 3:00 p.m. in the <u>Personal Care Lower Level Sunroom</u> . This group, which is Resident-led with confidentiality, supports individuals who wish to stop letting alcohol take control of their life. Anyone is welcome to attend. For more information call #610-463-8775.
Social	4:45 p.m.	<b>"PIANO MAN" – BILL MOYER</b> will play piano in the <u>Main Lounge</u> for your listening entertainment.
Intellectual Social	7:00 p.m. 	<b>CARD PARTY</b> in the <u>Berkshire Room</u> . Form your group in advance.
Emotional Social	7:00 p.m. 	<b>"JANUARY" ART CINEMA – "BEASTS OF THE SOUTHERN WILD,"</b> (2012), in the <u>Cultural Center</u> . This fantastical drama follows a little girl named Hushpuppy who lives in a dilapidated pocket of homes in the Mississippi Delta. When her father falls ill and natural disasters strike, Hushpuppy sets off to find her long-lost mother.  <u>Cast:</u> Quvenzhané Wallis, Dwight Henry, Levy Easterly and Lowell Lande  Rated – (PG-13) Running Time – 93 Minutes Bring a pillow for comfort!




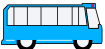


## TUESDAY, JANUARY 16, 2018

	<b><u>NOTE:</u></b>	<b>REGISTRATION DEADLINE</b> for the <b>"JANUARY" OUT-TO-DINNER TRIP TO "WILLOUGHBY'S."</b> Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Physical	9:00 a.m.	<b>CARDIO &amp; TONE</b> in the <u>Berkshire Room</u> .
Physical Social	9:00 a.m.	<b>WALKING GROUP "FRESH AIR CLUB"</b> meets in the <u>Main Lounge</u> , by the Concierge Desk; walk will be outdoors weather permitting.
Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to <b>"HTN" – (Channel 956)</b> and enjoy these simple and safe exercise moves and get your Tuesday off to a "Fresh Start!"
Social	10:00 a.m. 	<b>BUS to the MOHNTON POST OFFICE and WYOMISSING LIBRARY.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical Social	10:15 a.m. 	<b>AQUATIC BALANCE: CORE &amp; MORE</b> , 10:15 a.m. – 11:00 a.m. in the <u>Fitness Center Pool</u> .







## TUESDAY, JANUARY 16, 2018 (Cont.)

Physical	12:30 p.m. 	<b>DR. WINANS</b> , 12:30 p.m. – 3:30 p.m. in the <u>Health Support Office</u> . Contact Health Support to make an appointment.
SOCIAL	1:30 p.m. 	<b>BUS DEPARTS to the K-MART SHOPPING CENTER, the DOLLAR STORE, GROCERY OUTLET BARGAIN MARKET and WELLS FARGO BANK.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical Social	2:00 p.m. 	<b>SUPERVISED SWIM</b> , 2:00 p.m. – 3:00 p.m. in the <u>Fitness Center Pool</u> .
Intellectual Social	7:00 p.m.	<b>SENIOR ASSESSMENT LECTURE</b> , 7:00 p.m. in the <u>Cultural Center</u> . Is your memory loss just a “Senior Moment” or something more? Join <b>Dr. RUXANDRA JADIC</b> , Geriatrician and <b>EPAULINE FAUBERT</b> , <b>MSW, LCSW</b> , for an introduction to a “ <b>Senior Assessment Program.</b> ”

## WEDNESDAY, JANUARY 17, 2018

Physical	9:00 a.m.	<b>STRENGTH &amp; TONE</b> in the <u>Berkshire Room</u> . This class will improve core strength, flexibility, posture and overall physical strength.
Emotional Social	10:00 a.m. 	“ <b>COFFEE WITH BOB.</b> ” Coffee and conversation about “ <b>DEMENTIA</b> ” and the impact it has on families and friends, 10:00 a.m. in the <u>Lower Level Personal Care Classroom</u> .
Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to “ <b>HTN</b> ” – ( <b>Channel 956</b> ) and enjoy these simple and safe exercise moves and get your Wednesday off to a “Fresh Start!”
Physical Social	10:00 a.m. 	<b>AQUA CLASS</b> in the <u>Fitness Center Pool</u> .
Physical Social	10:45 a.m. 	<b>WATER WALKING</b> in the <u>Fitness Center Pool</u> .
Physical Social	1:00 p.m.	<b>TAI CHI CLASS</b> with <b>JAN GYOMBER</b> in the <u>Cultural Center-Side B</u> .
Social	1:30 p.m. 	<b>BUS DEPARTS to the BERKSHIRE MALL.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical Intellectual	3:00 p.m.	<b>FITNESS WORKSHOP</b> 3:00 p.m. – 4:00 p.m. in the <u>Cultural Center</u> .
Spiritual Social	3:00 p.m. 	<b>ROMAN CATHOLIC MASS</b> will be celebrated in <u>Skilled Nursing Dining Room</u> .
Social	4:00 p.m.	<b>TOM WITMAN</b> will play piano in the <u>Main Lounge</u> .
Intellectual Social	4:45 p.m. 	<b>BUS DEPARTS at 4:45 p.m. for a “JANUARY” OUT-TO-DINNER TRIP to “WILLOUGHBY’S.</b>







## THURSDAY, JANUARY 18, 2018

	<b><u>NOTE:</u></b>	<b>REGISTRATION DEADLINE</b> for the <b>FRIENDS OF CHAMBER MUSIC</b> . Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Physical	9:00 a.m.	<b>ENDURANCE &amp; FLOW</b> in the <u>Berkshire Room</u> .
Physical	10:00 a.m.- 11:00 a.m.	<b>HEALTH SUPPORT CLINIC</b> . Stop by the <u>Health Support Office</u> for blood pressure screening and weight check at no charge. The office is located on the <u>Second Floor</u> across from <u>Apt. #297</u> .
Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to “ <b>HTN</b> ” – ( <b>Channel 956</b> ) and enjoy these simple and safe moves and get your Thursday off to a “Fresh Start!”
Social	10:00 a.m. 	<b>CREATIVE STITCHERS</b> . This group meets every Thursday at 10:00 a.m. in the <u>Parlor</u> . We create items for charities like hats, mittens and sweaters. We are currently making a special item for the Berks County Breast Cancer Support Group. We also work on our own special creations. Come share your talents with us for an hour.
Physical Social	10:00 a.m. 	<b>AQUA TONE</b> in the <u>Fitness Center Pool</u> .
Physical Social	10:15 a.m.	<b>BALANCE &amp; CONTROL</b> , 10:15 a.m. – 11:00 a.m. in the <u>Berkshire Room</u> . This class is designed to improve standing and moving balance for all skill levels. Modifications are provided for each exercise.
Physical Social	10:45 a.m. 	<b>WATER WALKING</b> in the <u>Fitness Center Pool</u> .
Physical	1:00 p.m. 	<b>PODIATRIST – DR. J. PETER BARRETT</b> , 1:00 p.m. – 3:00 p.m. in the <u>Health Support Office</u> . Contact his office to make an appointment at #610-376-4880.
Social	1:30 p.m. 	<b>BUS TO GIANT MARKET</b> . Register at the <u>Concierge Desk</u> for transportation.
Intellectual Social	1:30 p.m. 	<b>CHESS GAMES at THE HIGHLANDS</b> , 1:30 p.m. – 4:30 p.m. in the <u>Main Lounge</u> .
Physical Social	2:00 p.m.	<b>BOCCE BALL</b> , 2:00 p.m. – 3:00 p.m. in the <u>Cultural Center</u> .
Intellectual Social	5:45 p.m.	<b>TORCH CLUB</b> in the <u>Berkshire Room</u> .
Intellectual Social	7:00 p.m.	<b>RESIDENT ASSOCIATION MEETING</b> in the <u>Cultural Center</u> .


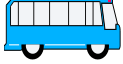
## FRIDAY, JANUARY 19, 2018

	<b><u>NOTE:</u></b>	<b>REGISTRATION FORMS</b> for the <b>2018 SPRING CHORUS</b> are due at the <u>CONCIERGE DESK</u> by Monday, January 22, 2018.
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## FRIDAY, JANUARY 19, 2018 (Cont.)

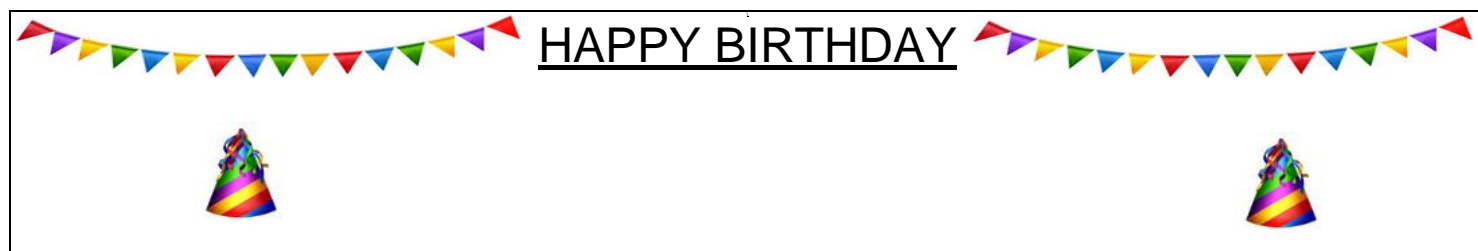
Physical Social	9:00 a.m.	<b>YOGA FLOW</b> with <b>KELLY ARNOLD</b> in the <u>Berkshire Room</u> .
Social	10:00 a.m. 	<b>BUS to GIANT MARKET.</b> Register at the <u>Concierge Desk</u> for transportation.
Physical	10:00 a.m.	<b>FRESH START</b> – A daily workout from the comfort of your home. Tune to <b>“HTN” – (Channel 956)</b> and enjoy these simple and safe exercise moves and get your Friday off to a “Fresh Start!”
Physical Social	10:00 a.m.	<b>SEATED EXERCISE CLASS</b> will be held in the <u>Fitness Center Lobby</u> . These exercises are designed to improve muscle strength, circulation, coordination and flexibility. All of the exercises are performed while sitting in a chair.
Physical Social	10:15 a.m. 	<b>AQUA FIT</b> , 10:15 a.m. – 11:00 a.m. in the <u>Fitness Center Pool</u> .
Physical Social	10:30 a.m. 	<b>Wii BOWLING</b> in the <u>Fitness Center Lobby</u> following EXERCISE CLASS.
Physical Social	11:00 a.m.	<b>LINE DANCING</b> in the <u>Berkshire Room</u> .
Physical Social	1:00 p.m. 	<b>SUPERVISED SWIM</b> , 1:00 p.m. – 2:00 p.m. in the <u>Fitness Center Pool</u> .
Social	1:30 p.m. 	<b>BUS DEPARTS to WALMART.</b> Register at the <u>Concierge Desk</u> for transportation.
Social	1:30 p.m. 	<b>FRIDAY MATINÉE – “SLUMDOG MILLIONAIRE,”</b> (2008), in <u>Cultural Center – Side B</u> . (See Saturday, January 20, 2018, for Feature Description.)
Social	4:00 p.m.	<b>ELLEN “DASH” WALTER</b> on piano, 4:00 p.m. – 5:00 p.m. in the <u>Main Lounge</u> .
Social	5:00 p.m.	<b>JUDITH SIMON and MARGARET SAYLOR ART SHOW RECEPTION</b> , 5:00 p.m. – 7:00 p.m. in the <u>Cultural Center-Side B</u> and the <u>Prefunction Hallway</u> .
Social	6:30 p.m.	<b>BUS DEPARTS 6:30 p.m. to the FRIENDS OF CHAMBER MUSIC – “DOLCE SUONO TRIO” CONCERT.</b>


## SATURDAY, JANUARY 20, 2018

Intellectual Social	10:00 a.m.  	<b>TRANSPORTATION to SYNAGOGUE.</b> Bus departs at 10:00 a.m., and will pick up at 12:00 p.m. Register at the <u>Concierge Desk</u> by Friday at <u>noon</u> for transportation.
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## SATURDAY, JANUARY 20, 2018 (Cont.)

Emotional Social	10:00 a.m.	<b>WEEKEND WELLNESS: QIGONG CLASS</b> in the <u>Berkshire Room</u> .
	<b><u>NOTE:</u></b>	<b>NO ZUMBA GOLD</b> , 11:00 a.m <b>TODAY</b> , due to instructors absence.
Intellectual Social	11:00 a.m.	<b>EXERCISE &amp; PARTICIPATION and SENIOR FITNESS TEST RESULTS</b> presented by <b>Fitness Coordinator, JARED MARTZ</b> , 11:00 a.m. – 12:00 p.m. in <u>Cultural Center-Side A</u> .
Physical Social	1:30 p.m.- 2:30 p.m.	<b>HEALTH SUPPORT CLINIC.</b> Stop by the <u>Health Support Office</u> for blood pressure screening and weight check at no charge. The office is located on the <u>Second Floor across from Apt #297</u> .
Social	7:00 p.m. 	<b>SATURDAY NIGHT AT THE MOVIES -“SLUMDOG MILLIONAIRE,”</b> (2008), in <u>Cultural Center – Side B</u> . Jamal Malik is just one question away from winning a fortune on India’s version of “Who Wants To Be A Millionaire? But how has this uneducated young man from the slums succeeded in providing correct responses to questions that have stumped countless scholars before him? And will he ultimately win it all or lose everything, including his true love? <b>Cast:</b> Dev Patel, Freida Pinto, Madhur Mittal, Anil Kapoor and Irrfan Khan.  <b>Rated – (R)</b> Violence, Language and Disturbing Images <b>Running Time – 121 Minutes</b> <b>Bring a pillow for comfort!</b>





**A NOTE FROM THE GIFT SHOP AT THE HIGHLANDS**

2017 has been a banner year for us and ended on a high note!  
 For example, the ***Holiday Open House***, on Sunday, November 19, 2017 resulted in sales of \$2,053.84, and \$2,378.70 from shop sales through November 30, 2017. Not bad!  
 For the contribution to this outcome, we thank **ALL Volunteers** who manned the shop, made floral arrangements, purchased merchandise and effectively marketed it.  
 Thanks also to all the old and new customers who supported us, and appreciated the quality and affordability offered. Our seasonal raffle was a success too. Congratulations to the winner, Alyssa Webb, who works in Skilled Nursing. Here’s to a great 2018!

**FUTURE EVENTS (Cont.)**

Sunday, January 21	<b>SUNDAY SERVICE</b> 4:00 p.m. with <b>Alvernia Student, ERIC MORAN</b> in <u>Cultural Center – Side A.</u>
Sunday, January 21	<b>SUNDAY SPECIAL FEATURE – “AMERICAN SERENGETI,”</b> (2010), 6:00 p.m. in <u>Cultural Center-Side B.</u>
Monday, January 22	<b>REGISTRATION FORMS</b> for the <b>2018 SPRING CHORUS</b> are due at the <u>CONCIERGE DESK</u> TODAY!
Monday, January 22	<b>NOTE: REGISTRATION DEADLINE</b> for the <b>ALVERNIA SENIOR COLLEGE LUNCH &amp; LECTURE PREVIEW.</b> Register at the <u>Concierge Desk.</u>
Monday, January 22	<b>NOTE: NO AQUA ZUMBA,</b> 1:30 p.m. <b>TODAY,</b> due to the instructors absence.
Monday, January 22	<b>BUS DEPARTS</b> 1:30 p.m. to the <b>WALGREENS DRUG STORE.</b> Register at the <u>Concierge Desk</u> for transportation.
Tuesday, January 23	<b>BUS DEPARTS</b> 11:15 a.m. for the <b>ALVERNIA SENIOR COLLEGE LUNCH &amp; LECTURE PREVIEW.</b>
Tuesday, January 23	<b>MARIE ASTERIAU DU</b> from <b>KUTZTOWN UNIVERSITY</b> will perform for your listening entertainment, 7:00 p.m. in the <u>Cultural Center.</u>
Wednesday, January 24	<b>NOTE DATE: HIGHLANDAIRES &amp; BELLAIRES RESUME TODAY</b> in the <u>Berkshire Room.</u> <b>CHORUS</b> – 1:30 p.m. to 2:45 p.m. <b>BELLS</b> – 3:00 p.m. to 4:00 p.m.
Wednesday, January 24	<b>MICHAEL EAGER</b> will play piano, 4:00 p.m. in the <u>Main Lounge.</u>
Wednesday, January 24	<b>“THE BASICS” OF DEMENTIA SEMINAR</b> with <b>KELLIE BUTSACK</b> from the <b>Alzheimer’s Association,</b> 7:00 p.m. in the <u>Cultural Center.</u>
Wednesday, January 24	<b>NOTE LOCATION: KNOW YOUR SYMPHONY</b> with <b>DR. DANIEL IMMEL,</b> Kutztown University Professor of Music Literature, 7:30 p.m. in <u>the Berkshire Room.</u>
Thursday, January 25	<b>BEAN BAG BASEBALL,</b> 1:00 p.m. – 3:00 p.m. in the <u>Berkshire Room.</u>
Thursday, January 25	<b>Pianist, TOM SCHLEGEL,</b> 4:30 p.m. – 5:30 p.m. in the <u>Main Lounge.</u>
Thursday, January 25	<b>“JANUARY” CLASSIC FILM CLUB MOVIE – “THE BAND WAGON,”</b> (1953), 7:00 p.m. in the <u>Cultural Center.</u>
Friday, January 26	<b>NOTE: REGISTRATION DEADLINE</b> for the Saturday <b>IMAX METROPOLITAN OPERA,</b> 12:59 p.m. movie – <b>“TOSCA.”</b> Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Friday, January 26	<b>NOTE: REGISTRATION DEADLINE</b> for the <b>READING SYMPHONY ORCHESTRA</b> – 7:30 p.m. concert with <b>Pianist, BORIS SLUTSKY.</b> Register at the <u>Concierge Desk</u> with your \$6.00 transportation fee.
Friday, January 26	<b>BUS DEPARTS</b> 1:30 p.m. to the <b>SHOPS AT WYOMISSING.</b> Register at the <u>Concierge Desk</u> for transportation
Friday, January 26	<b>CASINO EVENT,</b> 2:00 p.m. – 4:00 p.m. in the <u>Cultural Center.</u> Refreshments and prizes will be available. (More details will follow.)

## **FUTURE EVENTS (Cont.)**



Friday, January 26	<b>ELLEN “DASH” WALTER</b> on piano, 4:00 p.m. – 5:00 p.m. in the <u>Main Lounge</u> .
Friday, January 26	<b>UNLEASHING YOUR INNER OPERA FAN</b> with <b>DAVE RICHIE</b> , 7:00 p.m. in the <u>Cultural Center</u> .
Saturday, January 27	<b>BUS DEPARTS</b> 12:00 p.m. for the <b>IMAX METROPOLITAN OPERA</b> , 12:59 p.m. movie – <b>“TOSCA.”</b>
Saturday, January 27	<b>DUPLICATE BRIDGE</b> , 1:00 p.m. in the <u>Berkshire Room</u> .
Saturday, January 27	<b>BUS DEPARTS</b> 6:30 p.m. for the <b>RSO</b> – 7:30 p.m. concert with <b>Pianist, BORIS SLUTSKY</b> .
Sunday, January 28	<b>SUNDAY COMMUNION SERVICE</b> with the <b>Reverend CORRINE DAUTRICH</b> , 4:00 p.m. in <u>Cultural Center – Side A</u> .
Monday, January 29	<b>NOTE: REGISTRATION DEADLINE</b> for the <b>ALVERNIA SENIOR COLLEGE LUNCH &amp; LECTURE PREVIEW</b> . Register at the <u>Concierge Desk</u> .
Monday, January 29	<b>BUS DEPARTS</b> 1:30 p.m. to the <b>CVS</b> and <b>WINE &amp; SPIRITS STORE</b> . Register at the <u>Concierge Desk</u> for transportation.
Monday, January 29	<b>MEET THE ARTIST SERIES – The Life &amp; Works of JAMES JACQUES JOSEPH TISSOT, (1836-1902)</b> , 7:00 p.m. in <u>Cultural Center Side A</u> .
Tuesday, January 30	<b>BIBLE STUDY</b> with <b>Pastor MARK RIGG</b> , from the <b>West Lawn United Methodist Church</b> , 10:15 a.m. in the <u>Berkshire Room</u> .
Tuesday, January 30	<b>BUS DEPARTS</b> 11:15 a.m., for the <b>ALVERNIA SENIOR COLLEGE LUNCH &amp; LECTURE – “CHANGES IN THE NEWSPAPER BUSINESS DURING MY 45 YEAR CAREER,”</b> with <b>Associate Publisher &amp; Editor of the Reading Eagle, HARRY J. DIETZ, JR.</b>
Tuesday, January 30	<b>BUS DEPARTS</b> 11:30 a.m. for the <b>LUNCH-BUNCH-TRIP</b> to <b>“201 WEST,”</b> in Shillington.
Tuesday, January 30	<b>BUS DEPARTS</b> 1:30 p.m. to the <b>K-MART SHOPPING CENTER</b> , the <b>DOLLAR STORE</b> , <b>GROCERY OUTLET BARGAIN MARKET</b> and <b>WELSFARGO BANK</b> . Register at the <u>Concierge Desk</u> for transportation.
Tuesday, January 30	<b>ICE SKATING JUDGE, JOAN GRUBER</b> will present a lecture, 7:00 p.m. in the <u>Cultural Center</u> .
Wednesday, January 31	<b>HIGHLANDAIRES &amp; BELLAIRES</b> continues in the <u>Berkshire Room</u> . <b>CHORUS</b> – 1:30 p.m. to 2:45 p.m. <b>BELLS</b> – 3:00 p.m. to 4:00 p.m.
Wednesday, January 31	<b>TOM WITMAN</b> will play piano, 4:00 p.m. in the <u>Main Lounge</u> .
Wednesday, January 31	<b>JAZZ AT THE MOVIES, (Part 8), KEN BURNS JAZZ SERIES</b> , 7:00 p.m. in <u>Cultural Center –Side A</u> .

## **FUTURE EVENTS (Cont.)**

Friday, February 2	<b>COMPUTER CLUB LECTURE SESSION</b> , 2:00 p.m. in the <u>Berkshire Room</u> .
Friday, February 2	<b>ELLEN "DASH" WALTER</b> on piano, 4:00 p.m. in the <u>Main Lounge</u> .
Friday, February 2	<b>READING MUSIC TEACHERS STUDENT RECITAL</b> , 7:00 p.m. in the <u>Cultural Center</u> .

**Community Events at The Highlands**

**Week of Sunday, January 14, 2018 to Saturday, January 20, 2018**

Tues, January 16	FRC VILLA KICK-OFF BRUNCH (65)	9:30 a.m.	Cultural Center – Side B
Wed, January 17	UNITED WAY EXEC. COMM. (25)	9:30 a.m.	Cultural Center – Side B
Wed, January 17	TOPICS CLUB (25)	6:00 p.m.	Cultural Center – Side B



*Highlandaires & Bellaires Resume*

**Wednesday, January 24, 2018**

**New Members Most Welcome!**

**Registration Forms Due Monday, January 22, 2018**

at the Concierge Desk.



**ATTENTION RESIDENTS:**

**THE HIGHLANDS NEEDS YOUR HELP!**

**RESIDENTIAL LIVING PROGRAMMING  
IS LOOKING FOR VOLUNTEERS  
FOR THE NEW YEAR - 2018, OPPORTUNITIES ABOUND!**

**NO EXPERIENCE NECESSARY!**

IF INTERESTED, PLEASE CONTACT, SHIRLEY 484-628-7664  
OR  
SANDY 484-628-7661 TO LEARN MORE.

