


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1</b></p> <p>9:00 New Year's Parade E/S 11:00 Morning Exercise E//P/S <b>2:00 Monthly Birthday Party with Chuck Cahoe</b> E/S 6:00 Movie Night: E/S</p> <p>New Year's Day</p>	<p><b>2</b></p> <p>10:30 Fun on the IN2L E//S 11:00 Morning Exercise E//P/S 2:30 How Many Words Game E//S 3:30 January Trivia E//S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E//P/S</p>	<p><b>3</b></p> <p>10:30 Pick a Card Game E//S 11:00 Morning Exercise E//P/S 2:30 Zumba E/S 2:30 Hand Care and Massage E/S 3:30 Balloon Badminton E/P/S 6:00 Evening Stretch E/P/S 6:45 Categories Puzzle E//S</p>	<p><b>4</b></p> <p>10:00 Praying the Rosary (IN2L) E//SP <b>10:30 Therapy Dogs, Inc.</b> E/S 11:00 Morning Exercise E//P/S 2:30 Wacky Wii Games E/S 3:30 Volunteer Project E//S 6:00 Bingo Night! E//S</p>	<p><b>5</b></p> <p>10:00 Sing-Along with Rhythm E//S 11:00 Morning Exercise E//P/S 2:30 Let's Get Crafty-Snowman E//S 6:00 Evening Stretch E/P/S 6:45 Game Night: Snakes &amp; Ladders E//S</p>	<p><b>6</b></p> <p>10:00 Planet Earth Video E//S 11:00 Morning Exercise E//P/S 2:30 Puzzles, Pages, Paints, And Projects E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 Rock-N-Roll Kickball E/P/S</p>
<p><b>7</b></p> <p>10:00 Nature Video E//S 11:00 Morning Exercise E//P/S 2:30 Hymn Sing-Along E//SP <b>2:45 Worship Service</b> E//SP 3:30 Coffee &amp; Conversation E/S 6:00 Evening Stretch E/P/S 6:45 Noodle Tennis E/P/S</p>	<p><b>8</b></p> <p>10:00 Staying in the Lines E//S 11:00 Morning Exercise E//P/S 2:30 Ice Cream Social: Sundaes on Monday E/S 3:30 Balloon Badminton E/P/S 6:00 Movie Night: "Sing" E//S</p>	<p><b>9</b></p> <p>10:30 Ball Toss E/P/S 11:00 Morning Exercise E//P/S 2:30 Refreshments and Reminisce E//S 3:30 Trivia E//S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E//P/S</p>	<p><b>10</b></p> <p>10:30 Games on the IN2L E//S 11:00 Morning Exercise E//P/S 2:30 Zumba E//S 2:30 Sing-Along E//S 3:30 "Pin" Down Word Game E//S 6:00 Evening Stretch E/P/S 6:45 Crossword Puzzle E//S</p>	<p><b>11</b></p> <p>10:00 Praying the Rosary (IN2L) E//SP <b>10:30 Therapy Dogs, Inc.</b> E/S 11:00 Morning Exercise E//P/S 2:30 Wacky Wii Games E/S 3:30 Volunteer Project E//S 6:00 Bingo Night! E//S</p>	<p><b>12</b></p> <p>10:00 Finish That Phrase E//S 11:00 Morning Exercise E//P/S <b>2:00 Skilled Nursing Resident Council</b> E//S 2:30 Let's Get Crafty-Snowflake E//S <b>3:15 Jewish Sabbath -PC Classroom-</b> E//SP 6:00 Evening Stretch E/P/S 6:45 Game Night: UNO (card game) E//S</p>	<p><b>13</b></p> <p>10:30 This Day in History E//S 11:00 Morning Exercise E//P/S 2:30 Puzzles, Pages, Paints, &amp; Projects E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 A Little of This... E//S</p>
<p><b>14</b></p> <p>10:30 Ever Wonder Why? E//S 11:00 Morning Exercise E//P/S 2:30 Hymn Sing-Along E//SP <b>2:45 Worship Service</b> E//SP 3:30 What Do You See? E//S 6:00 Evening Stretch E/P/S 6:45 ...and a Little of That E//S</p>	<p><b>15</b></p> <p>10:00 Staying in the Lines E//S 11:00 Morning Exercise E//P/S 2:30 Ice Cream Social: It's a Mystery E/S 6:00 Movie Night: "A Dog's Purpose" E//S</p> <p>Martin Luther King Day</p>	<p><b>16</b></p> <p>10:30 Short Stories (IN2L) E//S 11:00 Morning Exercise E//P/S 2:30 Afternoon Bingo E//S 3:30 Balloon Badminton E/P/S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E//P/S</p>	<p><b>17</b></p> <p>10:30 Pick A Card Game E//S 11:00 Morning Exercise E//P/S <b>3:00 Catholic Mass</b> E//SP 6:00 Evening Stretch E/P/S 6:45 Category Puzzle E//S</p>	<p><b>18</b></p> <p>10:00 Praying the Rosary (IN2L) E//SP <b>10:30 Therapy Dogs, Inc.</b> E/S 11:00 Morning Exercise E//P/S 2:30 Wacky Wii Games E/S 3:00 Bible Study with Eric E//SP 3:30 Volunteer Project E//S 6:00 Bingo Night! E//S</p>	<p><b>19</b></p> <p>10:00 Sing-Along with Rhythm E//S 11:00 Morning Exercise E//P/S 2:30 Let's Get Crafty-"Catching Snowflakes" E//S 6:00 Evening Stretch E/P/S 6:45 Game Night: Family Feud(IN2L) E//S</p>	<p><b>20</b></p> <p>10:00 Planet Earth Video E//S 11:00 Morning Exercise E//P/S 2:30 Puzzles, Pages, Paints, &amp; Projects E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 Rock-N-Roll Kickball E/P/S</p>
<p><b>21</b></p> <p>10:00 Nature Video E//S 11:00 Morning Exercise E//P/S 2:30 Hymn Sing-Along E//SP <b>2:45 Worship Service</b> E//SP 3:30 Coffee &amp; Conversation E/S 6:00 Evening Stretch E/P/S 6:45 Noodle Tennis E/P/S</p>	<p><b>22</b></p> <p>10:00 Staying in the Lines E//S 11:00 Morning Exercise E//P/S 2:30 Ice Cream Social: Soda Floats E/S 3:30 Animal Trivia E//S 6:00 Movie Night: "This Beautiful Fantastic" E//S</p> <p>Martin Luther King Day</p>	<p><b>23</b></p> <p>10:30 Ball Toss E/P/S 11:00 Morning Exercise E//P/S 2:30 Sing-Along E//S 3:30 Riddle Me This E//S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E//P/S</p>	<p><b>24</b></p> <p>10:30 Reminisce on the IN2L E//S 11:00 Morning Exercise E//P/S 2:30 Zumba E//S <b>2:00 In Concert: Matt Bailey</b> E/S 3:30 Balloon Badminton E/P/S 6:00 Evening Stretch E/P/S 6:45 Crossword Puzzle E//S</p>	<p><b>25</b></p> <p>10:00 Praying the Rosary (IN2L) E//SP <b>10:30 Therapy Dogs, Inc.</b> E/S 11:00 Morning Exercise E//P/S 2:30 Wacky Wii Games E/S 3:30 Volunteer Project E//S 6:00 Bingo Night! E//S</p>	<p><b>26</b></p> <p>10:00 Finish That Phrase E//S 11:00 Morning Exercise E//P/S 2:30 Let's Get Crafty-Penguin E//S 6:00 Evening Stretch E/P/S 6:45 Game Night: Toss Up (dice game) E//S</p> <p>Australia Day</p>	<p><b>27</b></p> <p>10:30 This Day in History E//S 11:00 Morning Exercise E//P/S 2:30 Puzzles, Pages, Paints, &amp; Projects E//S 3:30 Wet Your Whistle E/S 6:00 Evening Stretch E/P/S 6:45 Double Trouble Word Game E//S</p>
<p><b>28</b></p> <p>10:30 Ever Wonder Why? E//S 11:00 Morning Exercise E//P/S 2:30 Hymn Sing-Along E//SP <b>2:45 Worship Service</b> E//SP 3:30 A-Z Trivia E//S 6:00 Evening Stretch E/P/S 6:45 Animals, Animals E//S</p>	<p><b>29</b></p> <p>10:00 Staying in the Lines E//S 11:00 Morning Exercise E//P/S 2:30 Ice Cream Social: Milkshake Monday E/S 6:00 Movie Night: "Going In Style" E//S</p>	<p><b>30</b></p> <p>10:30 Trivia on the IN2L E//S 11:00 Morning Exercise E//P/S 2:30 Mini Manicures E/S 3:30 Trivia E//S 6:00 Evening Stretch E/P/S 6:45 Bocce Ball E//P/S</p>	<p><b>31</b></p> <p>10:30 Remember When... E//S 11:00 Morning Exercise E//P/S 2:30 Zumba E//S 2:30 How Many Words Game E//S 3:30 Balloon Badminton E/P/S 6:00 Evening Stretch E/P/S 6:45 Category Puzzle E//S</p> <p>Tu B'Shevat</p>	 <p><b>January 2018</b> Skilled Nursing Activities The Highlands at Wyomissing</p>		

Please refer to your Skilled Nursing version of the Highlands Happenings or the sign outside the dining room for any program changes.