

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

Skilled Nursing Activities The Highlands at Wyomissing

<p>10:15 Nature Video I 11:00 Morning Exercise P 2:30 Hymn Sing-Along SP 2:45 Worship Service SP 3:30 Coffee and Conversation S 6:00 Evening Stretch P 6:45 Noodle Table Tennis P</p>	<p>10:15 Staying in the Lines E/I 11:00 Morning Exercise P 2:30 Ice Cream Social: Soda Floats S 3:30 Balloon Badminton P 6:00 Monday Night Movie: "Mr. Popper's Penguins" E/I</p>	<p>10:15 Games on the IN2L I 11:00 Morning Exercise P 2:30 How Many Words Can You Find? I 3:30 YouTube Tuesday E/I/S 6:00 Evening Stretch P 6:45 Bocce Ball P</p>	<p>10:15 Pick A Card Game I 11:00 Morning Exercise: Zumba Gold P 2:30 It's Pizza Time E/S 3:30 Social Hour with Pianist Bill Moyer E/S 6:00 Evening Stretch P 6:45 Crossword Puzzle I</p>	<p>10:15 Pray the Rosary (IN2L) SP 10:30 Therapy Dogs, Inc. E 11:00 Morning Exercise E/I/P 2:30 Wacky Wii Games E/I/P 3:30 Balloon Badminton P 6:00 Bingo Night! E/I/S</p>	<p>10:15 Sing-Along with Rhythm E/I/S 11:00 Morning Exercise P 2:30 Let's Get Crafty: Groundhog I/S 6:00 Evening Stretch P 6:45 Game Night: Snakes & Ladders E/S</p> <p>Groundhog Day</p>	<p>10:15 Morning Movie I 11:00 Morning Exercise P 2:30 Puzzles, Pages, Paints, And Projects E/I/S 3:30 Wet Your Whistle S 6:00 Evening Stretch P 6:45 Rock-N-Roll Kickball P</p>
<p>10:15 Nature Video I 11:00 Morning Exercise P 2:30 Hymn Sing-Along SP 2:45 Worship Service SP 3:30 Coffee and Conversation S 6:00 Evening Stretch P 6:45 Noodle Table Tennis P</p>	<p>10:15 Staying in the Lines E/I 11:00 Morning Exercise P 2:30 Ice Cream Social: Soda Floats S 3:30 Balloon Badminton P 6:00 Monday Night Movie: "Mr. Popper's Penguins" E/I</p>	<p>10:15 Games on the IN2L I 11:00 Morning Exercise P 2:30 How Many Words Can You Find? I 3:30 YouTube Tuesday E/I/S 6:00 Evening Stretch P 6:45 Bocce Ball P</p>	<p>10:15 Pick A Card Game I 11:00 Morning Exercise: Zumba Gold P 2:30 It's Pizza Time E/S 3:30 Social Hour with Pianist Bill Moyer E/S 6:00 Evening Stretch P 6:45 Crossword Puzzle I</p>	<p>10:15 Pray the Rosary (IN2L) SP 10:30 Therapy Dogs, Inc. E 11:00 Morning Exercise E/I/P 2:30 Wacky Wii Games E/I/P 3:00 Bible Study with Eric SP 3:30 Volunteer Project E/I/S 6:00 Bingo Night! E/I/S</p>	<p>10:15 Finish That Phrase I 11:00 Morning Exercise P 2:00 Skilled Nursing Resident Council E/I/S 2:30 Let's Get Crafty: Marble Heart I/S 3:15 Jewish Sabbath -PC Classroom- SP 6:00 Evening Stretch P 6:45 Game Night: Pig Out (Dice Game) I/S</p>	<p>10:15 This Day In History I 11:00 Morning Exercise P 2:30 Puzzles, Pages, Paints And Projects E/I/S 3:30 Wet Your Whistle S 6:00 Evening Stretch P 6:45 A Little of This... I</p>
<p>10:15 Ever Wonder Why? I 11:00 Morning Exercise P 2:30 Hymn Sing-Along SP 2:45 Worship Service SP 3:30 Trivia I 6:00 Evening Stretch P 6:45 And A Little of That I</p>	<p>10:15 Staying in the Lines E/I 11:00 Morning Exercise P 2:30 Ice Cream Social: It's a Mystery S 6:00 Monday Night Movie: "Yours, Mine, & Ours" E/I</p>	<p>10:15 What's Happening with the IN2L I 11:00 Morning Exercise P 2:30 Reminisce E/I/S 3:00 Let's Chat Awhile S 3:30 YouTube Tuesday E/I/S 6:00 Evening Stretch P 6:45 Bocce Ball P</p>	<p>10:15 Ball Toss P 11:00 Morning Exercise: Zumba Gold P 11:00 Ash Wednesday Devotional Service -Cultural Center- SP 3:00 Valentine's Day Celebration -Cultural Center- S 6:00 Evening Stretch P 6:45 Categories Puzzle I/S</p>	<p>10:15 Pray the Rosary (IN2L) SP 10:30 Therapy Dogs, Inc. E 11:00 Morning Exercise P 2:30 Wacky Wii Games E/I/P 3:30 Balloon Badminton P 6:00 Bingo Night! E/I/S</p>	<p>10:15 Sing-Along with Rhythm E/I/S 11:00 Morning Exercise P 2:30 Let's Get Crafty: Year of The Dog I/S 6:00 Evening Stretch P 6:45 Game Night: UNO (Card Game) E/I/S</p>	<p>10:15 Morning Movie I 11:00 Morning Exercise P 2:30 Puzzles, Pages, Paints And Projects E/I/S 3:30 Wet Your Whistle S 6:00 Evening Stretch P 6:45 Rock-N-Roll Kickball P</p>
<p>10:15 Nature Video I 11:00 Morning Exercise P 2:30 Hymn Sing-Along SP 2:45 Worship Service SP 3:30 Coffee and Conversations S 6:00 Evening Stretch P 6:45 Noodle Table Tennis P</p>	<p>10:15 Staying in the Lines E/I/S 11:00 Morning Exercise P 2:30 Ice Cream Social: Milkshake Monday S 3:30 Balloon Badminton P 6:00 Monday Night Movie: "Singin' In The Rain" E/I</p>	<p>10:15 Fun on the IN2L I 11:00 Morning Exercise P 2:30 How Many Words Can You Find? I 3:30 YouTube Tuesday E/I/S 6:00 Evening Stretch P 6:45 Bocce Ball P</p>	<p>10:15 Pick A Card Game I 11:00 Morning Exercise: Zumba Gold E/I/P 3:00 Catholic Mass SP 6:00 Evening Stretch E/I/P 6:45 Crossword Puzzle I</p>	<p>10:15 Pray the Rosary (IN2L) SP 10:30 Therapy Dogs, Inc. E 11:00 Morning Exercise P 2:00 Monthly Birthday Party with Just Us E 3:30 What Do You See? I 6:00 Bingo Night! E/I/S</p>	<p>10:15 Finish That Phrase I 11:00 Morning Exercise P 2:30 Let's Get Crafty: Welcoming March: In like a LION I? 6:00 Evening Stretch P 6:45 Game Night: Family Feud (IN2L) I/S</p>	<p>10:15 This Day In History I 11:00 Morning Exercise P 2:30 Puzzles, Pages, Paints And Projects E/I/S 3:30 Wet Your Whistle S 6:00 Evening Stretch P 6:45 A-Z Trivia I</p>
<p>10:15 Ever Wonder Why? I 11:00 Morning Exercise E/I/P 2:30 Hymn Sing-Along SP 2:45 Worship Service SP 3:30 Trivia I 6:00 Evening Stretch P 6:45 Animals, Animals I</p>	<p>10:15 Staying in the Lines E/I/S 11:00 Morning Exercise E/I/P 2:30 Ice Cream Social: Sundaes on Monday S 6:00 Monday Night Movie: "Paris Can Wait" E/I</p>	<p>10:15 Around the World on the IN2L I 11:00 Morning Exercise P 2:30 Trivia I 3:00 Let's Chat Awhile S 3:30 YouTube Tuesday E/I/S 6:00 Evening Stretch P 6:45 Bocce Ball P</p>	<p>10:15 Ball Toss P 11:00 Morning Exercise: Zumba Gold E/I/P 2:30 Hand Care and Massage E/S 3:30 Balloon Badminton P 6:00 Evening Stretch P 6:45 Categories Puzzle I</p>	<p>Please refer to your Skilled Nursing Highlands Happenings or the sign outside the Dining/Activity Room for any program changes.</p>		