

# Dining Announcements for the Week of February 11<sup>th</sup> to February 17<sup>th</sup>



## **\*\*Highlights\*\***

### Community Wide Valentine's Event

Wednesday, February 14<sup>th</sup>

3:00-5:00 pm in Cultural Center

(No Social Hour in Main Lounge)

## Steve's Quote of the Week:

"Love is missing someone whenever you're apart, but somehow feeling warm inside because you're close in heart." ~ Kay Knudsen



## **February is HEART Month**



Be good to your heart . . .  
Try our "**Tastefully Healthy**"  
menu choices ~ offered daily.

(marked with an )



## ***This Week . . .***

### **Chef's Special**

Offered

**Thursday Only**

Watch *HTN* on TV  
for posted special!



## ***This Week . . .***

### **Valentine's Celebration**

**Tuesday, Feb. 14<sup>th</sup>**

**Special Dinner in  
Terrace Room**

(see attached flyer)

## Dining Hours & Venue:

### Bistro

#### Monday - Saturday

Breakfast & Lunch 8:00 am – 2:30 pm

Lunch Buffet 12 noon – 1:30 pm

Dinner Buffet 4:00 pm – 6:30 pm

#### Sunday

Buffet Service 11:00 am – 1:30 pm

### Wyomissing Club / Iris Room

#### Monday - Saturday

Lunch Buffet or 12:00 – 1:30 pm

Table Service

Dinner Table Service 5:00 – 7:00 pm

Th-Fri-Sat After Hours 7:00 – 9:00 pm

#### Sunday

Buffet Service 11:30 am – 1:30 pm

### Terrace Room / Washington Club

#### Hottenstein Room

(reservations required)

#### Monday – Saturday

Dinner Table Service 5:00 – 7:00 pm

#### Sunday

Buffet Service 11:30 am – 1:30 pm



## ***This Week . . .***

### **Mardi Gras**

**Tuesday, Feb. 13<sup>th</sup>**

**Special Dinner  
& Dance**

in Cultural Center

Dinner – 5:00 pm

Dance – 6:45 pm

(See flyer for details)



For Reservations, Take-Out & Room Service Orders, and Other Questions,  
please call the Hostess Desk at **484-628-7646**



# Bistro ~ Wyomissing Club



## Menu for February 11<sup>th</sup> to February 17<sup>th</sup>

### Sunday, February 11<sup>th</sup>

- ♥ Turkey Eggplant Soup
- Cream of Vegetable Soup
- Spinach Salad *with Spiced Apples & Pecans*
-  Mediterranean Baked Chicken *(marinated in lemon & spices)*
- Tenderloin Tips
- Broiled Seafood Combo
- ♥ Poached Salmon *(or Grilled)*
- Baked Chicken ~ Omelet *(♥ without skin) (♥ Egg Beater available)*
- K-** Pasta with Marinara
- ♥ Snap Peas ~ ♥ Roasted Beets
- ♥ Carrots ~ ♥ Confetti Rice Pilaf
- ♥ Baked / ♥ Sweet / Mashed Potato

### Monday, February 12<sup>th</sup>

- ♥ Chicken Rice Soup
- Cream of Cauliflower Soup
- ♥ Orzo Confetti Salad
-  Turkey Scaloppini *with Orange Sauce*
- Trout Amandine
- Beef Stew
- ♥ Poached Salmon *(or Grilled)*
- Baked Chicken ~ **K-** Omelet *(♥ without skin) (♥ Egg Beater available)*
- K-** Pasta with Marinara
- Artichoke Fritters
- Green Beans *w/ Shallots & Mushrooms*
- ♥ Stir Fry Blend ~ ♥ Barley Pilaf
- ♥ Baked / ♥ Sweet / Mashed Potato

### Tuesday, February 13<sup>th</sup>

- Corn Chowder
- ♥ Beef Alphabet Soup
- Warm German Potato Salad
-  Greek Grouper *(with peppers, onion, olives, garlic tomato sauce)*
- Swiss Steak
- Veal Schnitzel *with Spaetzle*
- ♥ Poached Salmon *(or Grilled)*
- Baked Chicken ~ **K-** Omelet *(♥ without skin) (♥ Egg Beater available)*
- K-** Pasta with Marinara
- ♥ Zucchini ~ ♥ Broccoli
- Sautéed Button Mushrooms
- ♥ Baked / ♥ Sweet / Mashed Potato

### Wednesday, February 14<sup>th</sup>

- ♥ Hearty Beef Steak Soup
- Lentil & Frank Soup
- Lettuce Wedge *w/ Parm. Peppercorn*
- Herring & Sour Cream
-  **K-** Fettuccini *w/ Roasted Tomato, Spinach & Fresh Mozzarella Cheese*
- Roast Turkey *with Potato Filling*
- K-** Cuban Sandwich
- ♥ Poached Salmon *(or Grilled)*
- Baked Chicken ~ **K-** Omelet *(♥ without skin) (♥ Egg Beater available)*
- K-** Pasta with Marinara
- Cauliflower Parmesan ~ ♥ Carrots
- ♥ Roasted Vegetables
- ♥ Baked / ♥ Sweet / Mashed Potato



*“Tastefully Healthy” menu choice ~ promoting a healthier lifestyle.*


### Thursday, February 15<sup>th</sup>

- ♥ White Bean & Squash Bisque
- Salmon & Bacon Chowder
- ♥ Winter Greens *with feta, onion, toasted pecans, orange segments*
-  Pork Cutlet *with Orange Fennel Salad*
- Hot Dog *with Baked Beans*
- Chicken Pot Pie *with Root Veggies*
- ♥ Poached Salmon *(or Grilled)*
- Baked Chicken ~ **K-** Omelet  
(♥ *without skin*) (♥ *Egg Beater available*)
- K-** Pasta with Marinara
- ♥ Highlands Stir Fry Blend ~ Corn
- ♥ Wax Beans ~ Curly Fries
- ♥ Baked / ♥ Sweet / Mashed Potato

### Friday, February 16<sup>th</sup>

- ♥ Pepper Pot Soup
- Tomato Asiago Soup
- Cottage Cheese *with Apple Butter*
- ♥ Relish Plate
-  Arctic Char *with Corn & Black Bean Relish*
- Braised Beef
- Ham Steak *with Grilled Pineapple*
- ♥ Poached Salmon *(or Grilled)*
- Baked Chicken ~ **K-** Omelet  
(♥ *without skin*) (♥ *Egg Beater available*)
- K-** Pasta with Marinara
- ♥ Bahama Blend ~ ♥ Broccoli Peas & Pimento ~ ♥ Brown Rice
- ♥ Baked / ♥ Sweet / Mashed Potato

### Saturday, February 17<sup>th</sup>

- ♥ Scotch Broth Soup
- Loaded Baked Potato Soup
- ♥ Cranberry Waldorf Salad
-  Flank Steak *with Red Wine, Mushroom & Onion Sauce*
- Seafood Stuffed Flounder
- K-** Grilled Rubeen
- ♥ Poached Salmon *(or Grilled)*
- Baked Chicken ~ **K-** Omelet  
(♥ *without skin*) (♥ *Egg Beater available*)
- K-** Pasta with Marinara
- Rutabaga *with butter & nutmeg*
- ♥ Asparagus ~ ♥ Carrots
- Baby Bakes
- ♥ Baked / ♥ Sweet / Mashed Potato

### Seasonal Dessert Menu

*Dessert Format:  
2 special desserts for next 2 weeks*

**~ February 4<sup>th</sup> – 17<sup>th</sup> ~**

Bourbon Bread Pudding  
Red Velvet Cake



No Sugar-Added



Assortment available ~ Pie & Cake  
(ask your server for selections)

Always Available

Angel Food Cake ~ Pound Cake  
Home Baked Cookies (2 pack)  
Jello & Sugar-Free Jello  
Ice Cream ~ Ice Cream Sundae  
Fresh Cut Fruit ~ Fresh Whole Fruit  
(banana, apple, orange)

**K-** *These entrees must be ordered from the Kitchen (not on Bistro buffet line).*

♥ *Choose these items as a healthier choice. They are lower in fat and sodium.*

*For soups – a low sodium version is available upon request.*

# Bistro Menu for February 11<sup>th</sup> to February 17<sup>th</sup>

## Breakfast...



### Bistro Breakfast Special of the Week

(Monday – Saturday)

**Breakfast Quiche ... \$2.50**

*with cheddar cheese, diced ham, onion,  
and green pepper in an egg custard*



### Sunday Brunch

*Featuring:  
French Toast  
Omelets  
Sausage ~ Bacon*

## Daily Lunch Specials...

<b>Monday</b>	<b>Ham &amp; Swiss Scalloped Potato Bake</b> ~ diced ham and layered potatoes in a Swiss cheese cream sauce <b>1/2 portion – Ham &amp; Swiss Bake with Soup</b>	.. <b>\$4.95</b> .. <b>\$3.95</b>
<b>Tuesday</b>	<b>Tuna Melt</b> ~ tuna fish salad on English muffin topped with tomato and American cheese, then grilled (served open-faced) <b>1/2 portion – Tuna Melt with Soup</b>	.. <b>\$4.95</b> .. <b>\$3.95</b>
<b>Wednesday</b>	<b>Mac &amp; Cheese Burger</b> ~ a ground beef hamburger grilled, topped with cheesy Mac & Cheese, served on a roll <b>1/2 portion – Mac &amp; Cheese Burger with Soup</b>	.. <b>\$4.95</b> .. <b>\$3.95</b>
<b>Thursday</b>	<b>Pork Fried Rice with Egg Roll</b> ~ diced pork, peas and scrambled eggs in an Asian sauce, served with a veggie egg roll <b>1/2 portion – Pork Fried Rice, Egg Roll and Soup</b>	.. <b>\$4.95</b> .. <b>\$3.95</b>
<b>Friday</b>	<b>Chicken Parmesan Sandwich</b> ~ chicken breaded and fried, topped with tomato sauce and mozzarella cheese, served on a roll <b>1/2 portion – Chicken Parmesan Sandwich with Soup</b>	.. <b>\$4.95</b> .. <b>\$3.95</b>
<b>Saturday</b>	<b>Sloppy Joe Sliders (2)</b> ~ ground beef in a sloppy joe sauce served on slider rolls ~ with chips and pickle <b>1/2 portion – Sloppy Joe Slider (1) with Soup</b>	.. <b>\$4.95</b> .. <b>\$3.95</b>

**“Boxed Meals”**  
available in Bistro for  
**SUNDAY EVENING**  
**LIGHT FARE**

Orders must be returned  
to Bistro by 12 Noon  
~ ask for order form ~



**HAPPY  
VALENTINE'S DAY!**

### Bistro Dining Hours

#### **Monday – Saturday**

Breakfast	8:00 am – 2:30 pm
Lunch Ala Carte	11:00 am – 2:30 pm
Lunch Buffet	12 noon – 1:30 pm
<b>CLOSED</b>	<b>2:30 pm – 4:00 pm</b>
Dinner Buffet	4:00 pm – 6:30 pm

#### **Sunday**

Sunday Brunch	11:00 am – 1:30 pm
---------------	--------------------

# Terrace Room Dining

Have you tried our Terrace Room menu? ♦ Chef select unique menu ♦  
♦ All entrees are “made-to-order” using fresh seasonal ingredients daily ♦  
♦ Reservation only ♦ ♦ Dine-In Terrace Room Only ♦

**Terrace Room** Monday, Thursday, Friday & Saturday – 5:00 to 7:00 pm  
**Dining Hours:** Sunday – 11:30 am to 1:30 pm (*Club Menu offered*)

---

## TERRACE ROOM

**Weekly Menu for February 12, 15, 16 & 17**

Terrace Room  
Closed  
Tuesday, 2/13  
& Wed, 2/14

### APPETIZERS

**Roasted Butternut**

**Squash Soup**

*garnished with candied apples*

**Soup du Jour**

**Fresh Fruit Cup**

**Winter Market Bruschetta**

*cucumber, bell peppers, red onion,  
feta and rosemary tossed in  
white balsamic vinegar*

**Creamy Cole Slaw**

**Wild Mixed Greens**

**Salad du Jour**

**Tossed Garden Salad**

### ENTREES

#### **This Week's Specials:**

**Roasted Cajun Shrimp & Rice**

*Cajun seasoned shrimp with diced tomato  
and lime, served over white rice*

**Seared Liver & Bacon**

*pan-seared liver and bacon, topped with  
a rich apple butter and onion gravy*

**Heart Healthy Chicken Cacciatore**

*chicken breast seared in olive oil,  
tossed in a home-made tomato gravy  
(recommended with cauliflower mash)*

#### **Always Available:**

**Pasta du Jour: Orecchiette**

*with Roasted Broccoli & Walnuts  
orecchiette pasta tossed with roasted garlic,  
broccoli and walnuts, topped with grated  
parmesan ~ served with garlic toast*

**Pan Roasted Salmon**

*served on a bed of sautéed spinach,  
topped with lemon butter sauce*

**Farm Fresh Omelet**

*stuffed with your choice of tomato, pepper,  
onion, mushroom, ham, bacon, cheese*

**Pan Seared Strip Steak**

*served with red wine reduction*

### ACCOMPANIMENTS

**Roasted Green Bean  
& Asparagus Spears**

**White Bean & Tomato Ragu**

**Sweet Potato &  
Yukon Gold Smash**

**Vegetable du Jour**

**Cauliflower Mash**

**Baked or Sweet Potato**