

Remain Independent at Home



Aspire for Well-Being® Home Care provides services that are second to none and empowers you to continue living the way you want to live – safely at home. For more information, or to request a personal consultation to begin exploring your home care options, call us and we'll help you develop a home care solution that's perfect for you.

COMPANIONSHIP

- Accompany to medical, laboratory or therapy appointments
- Engage in hobbies/interests
- Seasonal wardrobe changes
- Accompany to restaurants, shopping, or other leisure activities in the community
- Assist with mail/letter writing
- Organize photos/recipes
- Plan outings/visit friends

HOUSEHOLD SUPPORT

- Light housework
- Assist with organization
- Laundry/change linens
- Meal preparation/meal pick-up
- Grocery shopping
- Seasonal decorating
- Pet care/plant care

PERSONAL CARE

- Bathing
- Dressing
- Personal hygiene
- Incontinence care
- Assist with mobility
- Safety supervision
- Medication reminders

"The service is excellent. They are always pleasant, all will do whatever I ask. I am so satisfied." -Resident

"I am deeply grateful and appreciative of the caregiver's honesty and resourcefulness. To a resident, regardless of their elegant home, the kindness and helpfulness of caregivers makes a world of difference." -Resident/Family Member

"The caregiver who spends time with my husband has been great! She keeps him occupied, safe, and happy while I run errands.."
-Community Member

"Home Care staff helped me for three days after surgery. It was most helpful for me, and my daughters were pleased to know someone was available since they were away." -Resident



Be Safe and Supported...at Home



Our services are customized to meet short-term or long-term needs and provide the entire family peace of mind. Nothing is more important than feeling safe and secure at home. Sometimes, however, that becomes compromised when simple household tasks and other activities of daily life are no longer as easy as they used to be. Aspire for Well-Being® Home Care is designed to ensure your quality of life and help you thrive in the place you most want to be-home.

SHORT-TERM SUPPORT

Aspire for Well-Being® Home Care is a great option following a hospital stay, surgery, fall, accident or illness.

During your recovery, if you need support with personal care, meals or household tasks, or are unable to run your typical errands, we can help.

Other short-term uses of home care include: help with seasonal decorating, assistance with home organization, summer/winter clothing switch and preparation for entertaining.

ONGOING SUPPORT

As you encounter challenges in your daily life, we can provide the support and safety that help to ensure your quality of life at home. Our services often help bridge the gap between living independently and living in a personal care or skilled care environment.

For those living with a chronic illness, disease or other condition that inhibits the ability to independently perform activities of daily living ... home care is a great option.

COMPANIONSHIP

Our home care team provides a wide range of companionship services.

Families who are unable to visit as often as they would like embrace home care services. It gives them peace of mind to know mom or dad has additional assistance and support, as well as someone checking in daily.

Aspire for Well-Being® Home Care offers services without regard to race, sex, color, national origin, ancestry, religious creed, disability, marital status, sexual orientation or age.

