

# Announcements & Events

## Meal Membership - What Makes a Meal

For Residents on a Meal Dining Plan (10,20,30) only, please be advised that a "Meal" constitutes:

One Starter, One Entrée, Two Sides (which can be substituted for a second starter), One Dessert and One Hot and One Cold Beverage.

Any orders in the Dining Room or Takeout that extend beyond these parameters will be billed On Account and added to end of month bill.

## Cubigo – Did You Know?

The Cubigo App features a Chat and Suggestion Function that can be used to directly reach out to Dining Management?

Any time you notice a discrepancy with your bill, utilize the Chat or Suggestion Function to message:

**Dining Manager Ryan Yandersits**

to create a record of your billing issue and receive confirmation when the issue is resolved.

## Easter Sunday Reservations Open

Reservations are Now Open for our Easter Holiday Meal on Sunday, April 20<sup>th</sup> from 11:00 am – 2:30 pm.

Our Sit Down Menu will be featured in the Terrace and Wyomissing Club Rooms, with overflow seating in the Bistro.

Reservations Required for Parties of All Sizes in All Dining Rooms.

## First Friday Happy Hour

Join us at the Wyomissing Club Bar on Friday, April 4<sup>th</sup>, at 4pm for Drink Specials and a shared Chef's Appetizer.

## Table Temptation with Chef Justin

Join us Monday, April 14<sup>th</sup>, at 5pm in the Terrace Room for the return of Chef Justin's Table Temptations!

Table Temptations is an upscale, three course dinner prepared by Chef Justin as he discusses techniques utilized in the kitchen.

Menu to be posted on Cubigo.

Sign Up Today on Cubigo | Limited Seating  
One Meal Credit +\$25 Upcharge | \$45 Declining Balance

## Upcoming April Events:

- April 4th:** First Friday Happy Hour, 4 pm
- April 7th:** Passover Seder Meal, 5 pm
- April 8th:** Coffee with Chris, 10 am
- April 11th:** Late Night with Maria Damore, 7 pm
- April 14th:** Table Temptations, 5 pm

## To-Go and Room Service Hours

You can order from the Bistro, Club or Terrace Room Menus

To-Go Orders are available between the following hours:

**Monday -Saturday:**

**Lunch:** 11:30 am - 2:30 pm

**Dinner:** 4:15 pm, 4:30 pm, 4:45 pm, 5:00 pm,  
5:15 pm, 5:30 pm

**Sunday:** 11:30 am-2:30 pm

**Room Service:** Starting at 5:30 pm Mon-Sat and  
1:00 pm on Sundays.

Please call (484) 220-8316 or  
email [diningorders@thehighlands.org](mailto:diningorders@thehighlands.org).

Please place To Go order before 3 pm to ensure it is received.

**Terrace Room Menu only available Tuesday - Saturday**

**For any discrepancies on TOGO orders please contact the  
Main Kitchen for a correction (484) 220-8317**

## Dining Room Hours

### Bistro

**No reservations are needed or accepted.**

Breakfast: Monday - Saturday 8:00 am – 2:30 pm

Lunch: Monday -Saturday 11:30 am – 2:30 pm

Dinner Buffet **\$20.00:** Monday- Friday 4:00 – 6:30 pm

Closed Sundays.

### Wyomissing Club Room

Dinner: Monday - Sunday 4:30 – 6:30 pm

Late Night Thursday – Saturday 7:00 pm - 9:00 pm

Sunday Brunch: 11:30 am – 2:30 pm

### Terrace Room

Dinner: Tuesday - Saturday 5:00 pm – 8:00 pm

Sunday Brunch -11:30 am – 2:30 pm

Closed Mondays.

# Weekly Bistro Specials

## Featured Ice Cream Flavors

Oatmeal Cookie Craving      Peanut Butter Cup  
Ask your server for the current selection of Lactose Free Ice Cream.

## Vegetable of the Week

Bistro and Club Room Vegetable of the Week:  
Carrots

## Available During Bistro Breakfast & Lunch

### MONDAY, MARCH 31<sup>st</sup>

**Special:** Turkey Rachel

### TUESDAY, APRIL 1<sup>st</sup>

**Special:** Meatlovers Breakfast Flatbread  
(Bacon, Sausage, Cheddar & Egg)

### WEDNESDAY, APRIL 2<sup>nd</sup>

**Lunch Special -Pizza Day!**

### THURSDAY, APRIL 3<sup>rd</sup>

**Special:** Aloha Chicken Salad  
Pineapple Boat

### FRIDAY, APRIL 4<sup>th</sup>

**Special:** Breakfast Tacos  
(Egg, Cheddar, Avocado & Bacon)

# Weekly Dining Menus

## Terrace Room Menu:

APRIL 1<sup>st</sup> – 5<sup>th</sup>

### Starters

Soup of the Day \$2.95 (Bistro Menu)  
Chopped Salad \$4.00  
Spring Wheatberry and Quinoa Salad \$4.00  
Spinach Artichoke Dip with Crostini \$6.00  
Buffalo Chicken Egg Roll with Ranch \$6.00

### Entrees

**Shrimp Vindaloo \$15.90**

Tender Shrimp cooked in a rich, sweet and tangy Curry Sauce;  
served with warm Naan Bread and fresh Indian  
Kachumber Salad

**Bleu Cheese Crusted Steak |GF \$15.90**

Served over Garlic Smashed Potatoes and sauteed Carrots, Peppers  
and Squash.

**Southwest Chicken Crunch Salad |GF \$15.90**

Fresh Seasonal Salad featuring Grilled Chicken, Avocado,  
Roasted Corn, Black Beans and Roasted Red Peppers over  
House Greens; served with Cilantro Lime Vinaigrette.

### Accompaniments

Garlic Smashed Potatoes |GF \$1.95  
Saffron Basmati Rice \$1.95  
Kachumber Salad |GF \$1.95  
Sauteed Carrots, Peppers and Squash |GF \$1.95

### Additional entrees

Pan Roasted Salmon    Filet of Beef (\$12.00 upcharge)

### Dessert

Lemon Cake with Hibiscus Frosting \$2.50  
Double Chocolate Cake Roll \$2.50

## Club Room Menu

Available: Monday – Friday Dinner

### Starters

Soup of the Day \$2.95(Bistro Menu)  
House Salad \$4.00  
Caesar Salad \$4.00  
Fresh Fruit Cup \$4.00  
Whipped Feta Crostini with Bruschetta \$6.00

### Salad Entrees

Chicken Apple Walnut |GF \$12.00  
Shrimp Citrus Crunch Salad |GF \$12.00  
Steak Caesar Salad |GF \$15.00

### Sandwiches

BYO Burger \$7.95  
Portabella Stack \$7.95  
Crab Cake Sandwich \$14.00 (\$4.00 upcharge)

### Entrees

Pan Seared Salmon \$12.95  
Parmesan Crusted Cod \$12.95  
Pork Medallions \$14.00  
Petit Filet \$16.00 (\$6.00 upcharge)  
All Three Club Homestyle Dinners

### Dessert

Strawberry Pretzel Tart \$2.50  
Dessert of the Day (Bistro Dinner) \$2.50

# Bistro Dinner, Club Homestyle, & Take Out Menu

## SATURDAY, MARCH 29<sup>th</sup>

Wyomissing Club, 4:30-6:30pm  
**Chophouse Night | Reservations Required**  
Steakhouse Wedge Salad |GF \$4.00  
Caramelized Crab Dip \$4.00  
Bone-In Pork Chop, *Mushroom Gravy* |GF  
\$13.00  
Pan Seared Rosemary Ribeye |GF \$13.00  
🍷 Shrimp Grain Bowl \$13.00  
Garlic Smashed Redskin Potatoes |GF \$1.95  
Green Beans and Bacon |GF \$1.95  
Roasted Brussels Sprouts |GF \$1.95  
Strawberry Cheesecake \$2.50

## MONDAY, MARCH 31<sup>st</sup>

Chicken Rice Soup |GF \$2.95  
Seafood Bisque |GF \$2.95  
Potato Salad |GF \$4.00  
🍷 Corned Beef & Cabbage |GF \$10.00  
Chicken Stir Fry |GF \$10.00  
Pesto Penne w/ Shrimp \$10.00  
Roasted Red Potatoes |GF \$1.95  
Caramelized Cauliflower |GF \$1.95  
Braised Cabbage |GF \$1.95  
Lemon Crunch Pie \$2.50  
Carrot Cake \$2.50

## THURSDAY, APRIL 3<sup>rd</sup>

Potato Cheddar Soup |GF \$2.95  
Tomato Asiago Soup |GF \$2.95  
Coleslaw |GF \$4.00  
Bruschetta Chicken |GF \$10.00  
🍷 Shrimp Caesar Salad |GF \$10.00  
Pulled Pork BBQ Sandwich \$10.00  
Basmati Rice \$1.95  
Collard Greens |GF \$1.95  
Steamed Corn |GF \$1.95  
Chocolate Peanut Butter Cake \$2.50  
Banana Cream Pie \$2.50

## SUNDAY, APRIL 6<sup>th</sup>

**Buffet Service 11:30am-2:30pm | \$20.00**  
Sticky Buns, Muffins & Danishes  
Fresh Fruit  
House Salad  
Waffle Station  
Rose Gold Tuscan Chicken |GF  
Croque Monsieur Casserole  
Merlot Braised Pot Roast |GF  
Whipped Cauliflower |GF  
Honey Glazed Carrots |GF  
Broccoli |GF  
Bacon |GF & Sausage |GF  
Assorted Desserts

## SUNDAY, MARCH 30<sup>th</sup>

**Buffet Service 11:30am-2:30pm | \$20.00**  
Muffins, Danishes & Sticky Buns  
Fresh Fruit  
Mixed Greens Salad  
Omelet Station |GF  
Port and Fig Glazed Chicken |GF  
Ginger Peach Pork Roast |GF  
Crab Cake, Key Lime Grain Mustard Aioli  
Gruyere Potato Pancakes |GF  
Asparagus |GF  
Steamed Corn |GF  
Bacon |GF & Sausage |GF  
Assorted Desserts

## TUESDAY, APRIL 1<sup>st</sup>

French Onion Soup \$2.95  
Chicken Rice Soup |GF \$2.95  
House Salad |GF \$4.00  
🍷 Seafood Scampi |GF \$10.00  
Spring Vegetable Fettucine Alfredo \$10.00  
Caprese Chicken |GF \$10.00  
White Rice |GF \$1.95  
Succotash |GF \$1.95  
Green and Gold Beans |GF \$1.95  
Pineapple Upside Down Cake \$2.50  
Chocolate Chip Cookies \$2.50

## FRIDAY, APRIL 4<sup>th</sup>

**Action Station: Boneless Wings**  
Sausage Vegetable Soup |GF \$2.95  
Potato Cheddar Soup |GF \$2.95  
Marinated Cucumber Salad |GF \$4.00  
Grilled Pork Chop, *Apple Chutney* \$10.00  
Fish & Chips \$10.00  
🍷 Orange Rosemary Chicken |GF \$10.00  
Sweet Potato Mashed |GF \$1.95  
Peas & Onions |GF \$1.95  
Buttered Beets |GF \$1.95  
Gingersnaps \$2.50  
Chocolate Bourbon Mousse \$2.50

## Sunday Burgers and More

**Wyomissing Club Room 4:30pm to 6:30pm**  
**Reservations Required**  
Sweet Potato Salad \$1.95  
Build Your Own Smash Burger \$7.95  
**Featured Smash Burger:**  
**The "Big H" \$7.95**  
1/4 LB Hot Dogs \$6.95  
Grilled Chicken Breast \$6.95  
*Marinated and grilled to perfection.*  
French Fries, Onion Rings or  
Bistro Chips \$1.95  
Ice Cream \$2.50  
*Always Available items not offered.*

## Sunday Burgers and More

**Wyomissing Club Room 4:30pm to 6:30pm**  
**Reservations Required**  
Sweet Potato Salad \$1.95  
Build Your Own Smash Burger \$7.95  
**Featured Smash Burger:**  
**Apple Bacon Jam \$7.95**  
1/4 LB Hot Dogs \$6.95  
Grilled Chicken Breast \$6.95  
*Marinated and grilled to perfection.*  
French Fries, Onion Rings or  
Bistro Chips \$1.95  
Ice Cream \$2.50  
*Always Available items not offered.*

## WEDNESDAY, APRIL 2<sup>nd</sup>

Tomato Asiago Soup |GF \$2.95  
French Onion Soup \$2.95  
Wedge Salad w/ Bacon & Bleu Cheese |GF \$4.00  
Swedish Meatballs \$10.00  
French Onion Chicken |GF \$10.00  
Tilapia Piccata |GF \$10.00  
🍷 Buttered Noodles \$1.95  
Buttered Carrots |GF \$1.95  
Brussels Sprouts |GF \$1.95  
Blueberry Cobbler \$2.50  
Shoo Fly Pie \$2.50

## SATURDAY, APRIL 5<sup>th</sup>

**Wyomissing Club, 4:30-6:30pm**  
**Italian Night | Reservations Required**  
Chicken Rivel Soup \$2.95  
Caprese Salad |GF \$4.00  
Mozzarella Sticks, Marinara Sauce \$4.00  
🍷 Little Italy Chicken |GF \$13.00  
Linguine, White Clam Sauce \$13.00  
Braised Beef Ragu \$13.00  
Parmesan Risotto \$1.95  
Herb Roasted Mushrooms |GF \$1.95  
Italian Green Beans |GF \$1.95  
Tiramisu \$2.50

### Always Available

Applesauce GF, House Salad GF,  
Fresh Fruit GF  
Chicken Apple Walnut Salad GF  
Pan Seared Salmon GF, Baked Chicken GF,  
Whipped, Baked & Sweet Potatoes  
**Desserts:** Angel Food Cake, Hand Fruit  
(apple, banana, orange)  
🍷 =Lower Fat, Lower Sodium  
GF=Gluten Friendly  
Vegetable of the Week: Carrots